

THRESHOLDS

HOME | HEALTH | HOPE

FOOD

Direct2Food (www.direct2food.org) is an online resource for people in the metropolitan Chicago area that connects you to the food pantries, soup kitchens, and meal programs closest to you. Direct2Food will also help you determine if you are eligible for further assistance like food stamps and resources for Women, Infants, and Children (WIC).

SNAP is the Supplemental Nutrition Assistance program. It used to be called Food Stamps. [SNAP \(Food Stamps\)](#) helps low-income individuals and families purchase the foods they need to stay healthy and are accepted at most grocery stores. Benefits are provided on the [Illinois Link Card](#) - an electronic card that is accepted at most grocery stores. Apply for food stamps today through the Department of Human Services [online form](#) or through completing this [paper application](#).

Link Benefits Calculator

<http://fscalculator.dhs.illinois.gov/FSCalc/>

Greater Chicago Food Depository

www.chicagosfoodbank.org/site/PageServer?pagename=member_need_food

To find a food pantry, soup kitchen or shelter in Cook County, click on the above link and enter your zip code.

Illinois Hunger Coalition

Hunger Hotline: 1-800-359-2163

The Hunger Hotline will assist callers in the following areas:

- Referrals to food pantries throughout the state of Illinois,
- Information about SNAP, Medicaid, Cash assistance, and other income support programs,
- Complete application for Food Stamps, Medicaid, KidCare and Cash Assistance.

If you are having problems with your SNAP benefits, Link Card, Medical card, or you have not heard from the Illinois Department of Human Services regarding your application, please call the Hunger Hotline.