



HOME | HEALTH | HOPE

MENTAL HEALTH ORGANIZATIONS

NAMI-Illinois (National Alliance on Mental Illness) 1-800-346-4572 www.il.nami.org

NAMI of Greater Chicago

1536 W. Chicago Ave

Chicago, IL 60642

(312) 563-0445

Email: info@namigc.org

Website: www.nami.gc.org

NAMI offers free education and support programs for individuals, family members, providers and the general public. These include Peer-to-Peer, NAMI Support Group, In Our Own Voice, Family to Family, and more. The **Information HelpLine** is an information and referral service which can be reached by calling **1 (800) 950-NAMI (6264)**, Monday through Friday, 9 a.m. -5 p.m. or by email at info@nami.org.

Depression & Bipolar Support Alliance (DBSA)

1-800-826-3632

730 N. Franklin St., Suite 501

Chicago, IL 60654

www.DBSAAlliance.org

Depression & Bipolar Support Alliance of Greater Chicago (DBSA) (773) 465-3280 www.dbsa-gc.org

DBSA is a self-help organization that offers support to those with mood disorders & their families, professionals, and friends. DBSA provides information on depression and bipolar disorder, online tools, and peer and parent support groups. Use the [DBSA Support Group Locator](#) to find an in-person or online DBSA peer support group in your community.

Mental Health America of Illinois (MHA)

70 E. Lake Street, Suite 900

Chicago, IL 60601

(312) 368-9070

www.mhai.org

Mental Health America of Illinois helps persons with mental and emotional disorders to find support groups and mental health services in their community.

MHAI provides:

- Information on free support groups;
- Linkage to practitioners, providers and community mental health services;
- Information on affordable housing options for persons with mental illness;
- Educational information on all mental illnesses and other physical disabilities;
- Information and resources on legal matters related to persons with mental illnesses.