



THRESHOLDS

SUBSTANCE USE TREATMENT

Our treatment works to better members' lives by empowering them to clarify personal values and life goals, gain knowledge and support, and practice skills needed **to build hopeful and healthier futures.**

OUR APPROACH

Thresholds provides **Outpatient** and **Intensive Outpatient Services** that are person-centered, trauma-informed, holistic, and supported by strong research evidence.

TREATMENT SERVICES

Thresholds offers group and individual counseling services, including: therapy, recovery coaching, case management, family/couples counseling, and medication-assisted treatment. The type, frequency, and duration of services is based on individual needs and preferences. DUI services are available, including: evaluation, counseling, treatment, and education.

Our program delivers integrated treatment using evidence-based practices, including cognitive behavioral therapy, motivational interviewing, dialectical behavioral therapy, acceptance and commitment therapy, harm reduction, relapse prevention therapy, and medication assisted treatment.



THRESHOLDS SUBSTANCE USE TREATMENT PROGRAM

1-888-828-5709

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www.thresholds.org/substance-use

*Serving South Chicago & South Suburban Communities Spring 2016
Serving West Chicago & West Suburban Communities Summer 2016*