Thresholds Youth & Young Adult Services

Peer-Reviewed Publications & Conference Proceedings,
Invited Speaking Engagements, Webinars & Workshops;
Book Chapters, White Papers & Grey Literature

Peer Reviewed Publications

2016  Delman, J., & Klodnick, V.V. (under review) “Young Adults with Mental Health Conditions as Peer Support Workers: Perspectives of Workers and Supervisors.”  *Community Mental Health Journal*


Book Chapters, White Papers, & other Grey Literature


2013 Klodnick, V.V., Murphy, C., & Fagan, M. Building a Developmentally Tailored Mental Health Program for Transition Age Youth Success. Psychiatric Rehabilitation Association - PsyR Connection, Issue 1. Accessible at: http://www.psychrehabassociation.org/content/building-developmentally-tailored-mental-health-program-transition-age-youth-success-0


**Invited Speaking Engagements, Lectures, Workshops, & Webinars**


2016 Fagan, M., Sobel, B. “Building the Transition Bridge for Young Adults in DCFS with Mental Health Needs.” Office of the Public Guardian.


2016 Klodnick, V.V. “Effective Clinical Supervision for Young Adult Therapeutic Peer Mentors.” A two-part Webinar Training Series sponsored by the Massachusetts Department of Mental Health in conjunction with the Transitions RTC at UMASS Medical School. Accessible at: http://www.umassmed.edu/TransitionsRTC/publication/webinars/

2016 Klodnick, V.V., Fagan, M., & Spencer, E. Increasing engagement of transition-age youth thru being young-adult informed; leveraging peer support, and integrating supported employment & education. A Webinar sponsored by a Texas System of Care Grant in conjunction with the University of Texas at Austin Center for Mental Health Excellence.


2015 Ellison, M., Bond, G., & Klodnick, V.V. “Adapting IPS for Transition-Age Youth: The Thresholds Study,” Webinar sponsored by the Transitions RTC. Accessible at: http://www.umassmed.edu/TransitionsRTC/publication/webinars/

2015 Viruet J., & Klodnick, V.V. (July) “Engaging Transition Age Youth in Community Mental Health Services, including First Episode Psychosis Coordinated Specialty Care” - Wisconsin Individual Placement & Support Model of Supported Employment Annual Meeting.


2014 Fagan, M. “Bridging the Transition Cliff: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood.” National Webinar for AACRC

Updated June 1, 2016


2008 Supporting Youth In Transition with Mental Health Needs: US Senate, House of Representatives, & Staff, Capitol Building, Washington DC

Peer Reviewed Conference Presentations


2014 Klodnick, V.V. (March). The meaning of home in the context of aging out of foster care with a serious mental health condition. Children’s Mental Health Research and Policy Conference. Tampa, FL.


2013 Frounfelker, L.R., Klodnick, V.V., Mueser, K., & Todd, S. (November). Trauma and posttraumatic stress disorder among transition age youth with serious mental health conditions. American Public Health Association Annual Meeting. Boston, MA.


2013 Fagan, M. From Transition Cliff to Slope: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Association of Childrens Residential Conference, New York 2013 Klodnick, V.V. (March). Exploring transition experiences of early emerging adults with serious mental health conditions who are
aging out of foster care from transitional living programs. Children’s Mental Health Research and Policy Conference. Tampa, FL.


2013 Fagan, M. Bridging the Transition Cliff: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Illinois Nonpublic Special Education Programs Annual Conference on Best Practices


2011 Fagan, M. & Doyle, L. Spreading the Contagion: Transforming a Culture to TIP Thinking for Young Adults with Mental Health Needs. System of Care Conference, Chicago


Research at Thresholds Youth & Young Adult Programs

2016 Career & Occupation Readiness Experience (CORE) Pilot Study.
PIs: Lisa Razzano, PhD, CPRP, & Nikki Pashka, MS, CRC, CPRP, Thresholds
Project Description: A pilot study of the feasibility and impact of a manualized vocational intervention (skills-based workshops with internship component) with young adults with serious mental health challenges.

2015-2016 Creating a Multidimensional Model of Engagement for Young Adult with Psychiatric Disabilities in Adult System Team-based Community Outreach and Support Services.
PI: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Faculty Sponsor Lisa Razzano, PhD, University of Illinois at Chicago School of Medicine, Department of Psychiatry; Funding: NIDILRR Mary E. Switzer Research Fellowship, #90SF0008-01-00
Project Description: A mixed-methods study to examine service utilization patterns in outreach & community support team designed for 18-26 year olds in order to develop a multidimensional definition of engagement & tool to measure engagement.

PI’s: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Hewitt B. Clark, Ph.D., Stars Behavioral Health & University of South Florida
Project Description: Created online fidelity tool to assess transitions solutions review process from staff perspective; piloted this tool at Thresholds & evaluating tool across 6 agencies.

2015 Decision Support for Smoking Cessation in Young Adults with Severe Mental Illness.
PI: Mary Brunette, PhD, Dartmouth College, Funded by National Institute of Health, #5R21CA158863-02
Project Description: Project examined impact of motivational electronic decision support system (EDSS) with young adults diagnosed with serious mental health
challenges to increase their likelihood in accessing smoking cessation treatments.

2012-2015 *Exploring Experiences and Perceptions of a Successful Transition to Adulthood among Young People Aging Out of Foster Care from Institutional Settings with Serious Mental Health Conditions.*

Pl: Vanessa V. Klodnick, PhD, The University of Chicago; Faculty Sponsor Gina Samuels, PhD, The University of Chicago School of Social Service Administration; Funded by: Fahs Beck Fund for Research & Experimentation Doctoral Dissertation Grant

Project Description: A longitudinal grounded theory study of young people aging out of child welfare with mental health conditions.


Pl: Vanesa V. Klodnick, PhD, LCSW, Thresholds; Funded by: U.S. DHHS, Administration on Children, Youth & Families, #HHS-2012-ACF-ACYF-CX-0289

Project Description: A mixed-methods longitudinal program evaluation of the RISE TLP.

2011-2014 *Adapting the Individual Placement & Support Model of Supported Employment for Transition Age Youth with Serious Mental Health Conditions.*

Pis: Maryann Davis, PhD, & Marsha Ellison, PhD, The Learning & Working during the Transition to Adulthood Rehabilitation Research & Training Center (Transitions RTC) at The University of Massachusetts Medical School; Funded by: NIDRR #H133B090018

Project Description: A pilot study assessing the feasibility of add-ons made to the IPS-model of supported employment with 18-21 year olds diagnosed with serious mental health in residential care.

2007-2012 *Adapting Dialectical Behavior Therapy for Transition Age Youth Diagnosed with Severe Mental Illness.*

Pis: Kristin Davis, PhD & Sandra Wilkniss, PhD, Thresholds Institute

Project Description: A longitudinal mixed-method panel study evaluating the feasibility and impact of an adapted version of DBT for 18-21 year olds in Thresholds youth programs.

2009-2010 *Transition Age Youth with Severe Mental Illness: Post-Emancipation Study.*
PI: Vanessa Vorhies, MSSW, Thresholds Institute & The University of Chicago, School of Social Service Administration; Co-Is: Kristin Davis, PhD, & Marc Fagan, Psy.D, Thresholds

Project Description: A qualitative study that built on previous qualitative research of youth aging out of care from Thresholds Youth residential and TLP programs to examine the life experiences, needs, and barriers to adult community mental health services post-emancipation.

2007-2009 *Improving Outcomes for Pregnant & Parenting Foster Care Youth with Severe Mental Illness: An Evaluation of a Transitional Living Program.*

PIs: Kristin Davis, PhD, & Sandra Wilkniss, PhD, Thresholds Institute

Project Description: A mixed-methods panel study of the impact of the Thresholds Mothers Project services on a sample of 25 young women in the program for at least 12 months.


PIs: Kristin Davis, PhD, & Hewitt B. Clark, PhD

Project Description: A qualitative panel study assessing how community-based and program-based residential settings trained in the TIP model differ in supporting young adults diagnosed with serious mental health challenges transition to independent living after aging out of the child welfare system.