

Thresholds Youth & Young Adult Services

Knowledge Translation

We are committed to conducting rigorous program evaluation for quality improvement purposes, as well as, partnering with researchers in order to develop and test new innovative practices to enhance the lives of the young people and families we serve. As we learn through our program evaluation, quality improvement, and research efforts, we aim to share our findings and insights locally and nationally to a variety of stakeholders through different mediums, including:

- I. Peer-Reviewed Publications
- II. Book Chapters, White Papers, Toolkits & Grey Literature
- III. Invited Speaking Engagements, Lectures, Webinars & Workshops
- IV. Peer Reviewed Conference Proceedings
- V. Research Project Descriptions

Please see our list below of our knowledge translation efforts over the last 10 years.

I. Peer Reviewed Publications

- 2016 Delman, J., & Klodnick, V.V. Factors supporting the employment of young adult peer providers: Perspectives of peers and supervisors. *Community Mental Health Journal*, epub ahead of print. doi: 10.1007/s10597-016-0059-6
- 2015 Ellison, M.L., Klodnick, V.V., Bond, G.R., Krzos, I.M., Kaiser, S.M., Fagan, M.A., & Davis, M. Adapting Supported Employment for emerging adults with serious mental health conditions. *Journal of Behavioral Health Services & Research*, 42(2), 206-222. doi: 10.1007/s11414-014-9445-4
- 2014 Klodnick, V.V., Sabella, K., Krzos, I.M., Brenner, C., Kaiser, S.M., Ellison, M.L, Davis, M. & Fagan, M.A. Perspectives of early emerging adults with serious mental health conditions on vocational peer mentors. *Journal of Emotional & Behavioral Disorders*, 1-12. doi: 10.1177/1063426614565052
- 2013 Klodnick, V.V., Davis, K., Fagan, M., & Elias, A. Launching into adulthood from institutional care: The experiences of emerging adults with serious mental health conditions. *Community Mental Health Journal*, 50(2), 209-215. doi: 10.1007/s10597-013-9643-1
- 2013 Frounfelker, R., Vorhies, V., Mueser, K.T., & Todd, S. Posttraumatic stress disorder and trauma in transition age youth with serious mental health conditions in residential care. *Journal of Traumatic Stress*, 26(3), 409-412. doi: 10.1002/jts.21812
- 2012 Vorhies, V., Davis, K.E., Frounfelker, R.L., & Kaiser, S.M. Applying social and cultural capital frameworks: Understanding employment perspectives of transition age youth with serious mental health conditions. *Journal of Behavioral Health Services and Research*, 39(3), 257-270. doi: 10.1007/s11414-012-9274-2

- 2009 Vorhies, V., Glover, C.M., Davis, K., Hardin, T., Krzyzanowski, A., Harris, M., Fagan, M., & Wilkniss, S. Improving Outcomes for Pregnant & Parenting Foster Care Youth with Severe Mental Illness: An Evaluation of a Transitional Living Program. *Journal of Psychiatric Rehabilitation*, 33(2), 115-124. doi: 10.2975/33.2.2009.115.124

Book Chapters, White Papers, Toolkits & Grey Literature

- 2017 Delman, J., & Klodnick, V.V. Supporting the Success of Young Adult Peer Recovery Workers: A Toolkit for Employers. University of Massachusetts Medical School, Transitions Research & Training Center. Accessible at: https://www.umassmed.edu/globalassets/transitionsrtc/publications/effectivelyemployingyoungadultpeerproviders_a_toolkit.pdf
- 2016 Cohen, D.A., Lopez, M.A., Klodnick, V. V., & Stevens, L. (August). *A Guided Pathway to Success: Addressing the Needs of Youth and Young Adults with Serious Mental Health Conditions in Texas*. Texas Institute for Excellence in Mental Health. School of Social Work, The University of Texas at Austin.
- 2014 Fagan, M., Davis, M., Denietolis, B.M., & Sondheimer, D.L. Innovative Residential Interventions for young adults in transition. In G.M. Blau, B. Caldwell, & R.E. Liberman (Eds.), *Residential Interventions for Children, Adolescents, and Families: A Best Practice Guide*. New York, NY: Taylor & Francis.
- 2014 Vorhies, V., Sabella, K., Fagan, M., Ellison, M. & Davis, M. (2014). *Making it Work: Vocational Peer Mentors for Emerging Adults with Serious Mental Health Conditions*. Worcester, MA: University of Massachusetts Medical School, Department of Psychiatry, Systems and Psychosocial Advances Research Center (SPARC), Transitions Research and Training Center. Accessible at: <http://labs.umassmed.edu/transitionsRTC/Resources/publications/Tipsheet8.pdf>
- 2013 Klodnick, V.V., Murphy, C., & Fagan, M. Building a Developmentally Tailored Mental Health Program for Transition Age Youth Success. *Psychiatric Rehabilitation Association - PsyR Connection*, Issue 1. Accessible at: <http://www.psychrehabassociation.org/content/building-developmentally-tailored-mental-health-program-transition-age-youth-success-0>
- 2009 Fagan, M., Munchel, W., Rogers, I., & Clark, H.B. Serving Young Adults with Serious Mental Health Challenges from Dependency Programs and Community Settings. In H.B. Clark & Unruh, D.K. (Eds.), *Evidence supported handbook with sections dedicated to best practices with youth in transition*. Baltimore, MD: Brookes Publishing.

Invited Speaking Engagements, Lectures, Workshops, & Webinars

- 2017 Fagan, M. (July) Creating the Roadmap for Implementing Youth Evidence-Informed Practices and Innovations. Texas Behavioral Health Institute. Austin, TX.
- 2017 Fagan, M. (July). Building the Transition Bridge: The Transition to Independence Process Model and Other Innovative Practices for Young Adults with Mental Health Needs. Texas Behavioral Health Institute. Austin, TX.
- 2017 Klodnick, V.V., Spencer, E., & Delman, J. (July). Engaging Young Adults Diagnosed with Psychiatric Conditions in Supported Employment Programs. Webinar for GAINS Center Learning Collaborative for SAMHSA IPS Expansion Project.

- 2017 Fagan, M., & Klodnick, V.V. (June). Slowing Psychosis in its Tracks: Understanding the Coordinated Specialty Care Movement To Change The Lives of Young Adults Experiencing First-Episode Psychosis. Haymarket Summer Institute. Elmhurst, IL.
- 2017 Fagan, M., Sale, T., & Hruford, I. (April). The Impact of First Episode Psychosis. National Council for Community Behavioral Health. Seattle, WA.
- 2016 Fagan, M., Dixon, L., Jones, N., Williams, C. (December). Addressing First Episode Psychosis. The Kennedy Forum. Chicago, IL.
- 2016 Klodnick, V.V. (September) "Doing Real-World Program Evaluation in Coordinated Specialty Care." Presentation at International Consortium on Hallucination Research & Related Symptoms; Chicago, IL.
- 2016 Fagan, M., & Klodnick, V.V. (September) "Stopping Psychosis in its Tracks: Understanding the National Coordinated Specialty Care Movement." Workshop for First Annual Brookstone Conference; Northwestern University; Chicago, IL.
- 2016 Fagan, M. "Bridging the Transition Cliff: Bringing Best Practices with Emerging Adults to Life." Keynote Speech at The Training Network Committee of Chicago Annual Symposium.
- 2016 Fagan, M., Sobel, B. "Building the Transition Bridge for Young Adults in DCFS with Mental Health Needs." Presentation at the Illinois Office of the Public Guardian.
- 2016 Sheldon., G., Dimas, J., Cole, S., & Fagan, M. "Joint Planning Efforts for System of Care across State Agencies." Presentation at the Child Care Association of Illinois Winter Symposium.
- 2016 Klodnick, V.V. "Effective Clinical Supervision for Young Adult Therapeutic Peer Mentors." A two-part Webinar Training Series sponsored by the Massachusetts Department of Mental Health in conjunction with the Transitions RTC at UMASS Medical School. Accessible at: <http://www.umassmed.edu/TransitionsRTC/publication/webinars/>
- 2016 Klodnick, V.V., Fagan, M., & Spencer, E. Increasing engagement of transition-age youth thru being young-adult informed; leveraging peer support, and integrating supported employment & education. A Webinar sponsored by a Texas System of Care Grant in conjunction with the University of Texas at Austin Center for Mental Health Excellence.
- 2015 Fagan, M. "Bridging the Transition Cliff: Bringing Best Practices with Emerging Adults to Life." Workshop at the Georgia System of Care Conference.
- 2015 Ellison, M., Bond, G., & Klodnick, V.V. "Adapting IPS for Transition-Age Youth: The Thresholds Study," Webinar sponsored by the Transitions RTC. Accessible at: <http://www.umassmed.edu/TransitionsRTC/publication/webinars/>
- 2015 Viruet J., & Klodnick, V.V. (July) "Engaging Transition Age Youth in Community Mental Health Services, including First Episode Psychosis Coordinated Specialty Care" - Wisconsin Individual Placement & Support Model of Supported Employment Annual Meeting.
- 2014 Fagan, M., Melton, R., Jivanjee, P., & Campbell, F. "System Integration Strategies for Service Providers Working with Young Adults with Mental Health Issues." National Webinar hosted by Portland State Pathways RTC

- 2014 Fagan, M. "Bridging the Transition Cliff: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood." National Webinar for AACRC
- 2012 National Public Radio, WBEZ, The Tricky Transition To Adulthood, by Jennifer Brandel. <http://www.wbez.org/story/tricky-transition-adulthood-93294>
- 2008 Clark, H.B., Fagan, M. Supporting Self-Discovery in Transition Aged Youth. U.S. Psychiatric Rehabilitation Association (USPRA), Orlando, FL.
- 2008 Supporting Youth In Transition with Mental Health Needs: US Senate, House of Representatives, & Staff, Capitol Building, Washington DC

Peer Reviewed Conference Presentations

- 2017 Delman, J.D., & Klodnick, V.V. (June). Successfully Employing Young Adult Peer Mentors: From Research to Practice: The Employer Toolkit. Annual Psychiatric Rehabilitation Association Conference, Atlanta, GA.
- 2017 Malina, C., & Viruet, J. (March). Developing Effective Treatment Models for Transitional-age Youth with Serious Mental Health Challenges: The Thresholds Approach. National Alliance for the Mentally Ill in Illinois PIAT: Piecing It All Together Conference. Oak Park, IL, Dominican University.
- 2017 Bergan, J., Fagan, M., Brennan, E.M., Jivanjee, P., & Grover, J. (March). Shaping the Future of Training: Needs and Strategies For Supporting Successful Youth and Young Adults to Adulthood. Annual Research & Policy Conference on Children and Adolescents, Tampa FL.
- 2017 Klodnick, V.V., & Clark, H.B. (March). Development of an Online Fidelity Measurement Tool for the Transition to Independence Process: TIP Solutions Review. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Klodnick, V.V., & Fagan, M.A. (March). Meeting the Developmental Needs of Emerging Adults Diagnosed with Serious Mental Health Challenges: The Emerge Model. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Delman, J., Klodnick, V.V., & Jones, N. (March). A New Vision of Leadership and Involvement: Youth and Young Adult Peer Support. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Cohen, D.A., & Klodnick, V.V. (March). Changing Systems & Practice in Texas to meet the needs of Transition Age Youth with Serious Mental Health Challenges. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Klodnick, V.V., & Cohen, D. (January). Integrating the Individual Placement and Support Model of Supported Employment for transition-age youth in the Texas community mental health system. Society for Social Work and Research Annual Conference. New Orleans, LA.
- 2016 Cohen, D., & Klodnick, V.V. (August). Adapting supported employment for youth and young adults. Texas Network of Youth Services (TNOYS) 33rd Annual Conference. Houston, TX.

- 2016 Viruet, J., & Malina, C. (May). Using Resistance as an Engagement Tool with Transition Age Youth. Psychiatric Rehabilitation Association Annual Conference. Boston, MA.
- 2016 Narendorf, S., Munson, M., & Klodnick, V.V. (April). Childhood service experiences of young adults accessing crisis psychiatric services. Annual Conference: Society for Research on Adolescence. Baltimore, MD.
- 2016 Klodnick, V.V., & Fagan, M.A. (March). Aging Out of Semi-Institutional Psychiatric Care: The Necessary Shift from Passive to Active Participation in Social Support Exchanges. Annual Conference: American Association of Children's Residential Centers. Chicago, IL
- 2015 Klodnick, V.V. & Fagan, M.A. (March). Managing *support* in the wake of aging out of care as an emerging adult with a serious mental health condition. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2014 Ellison, M., Fagan, M.A., & Klodnick, V.V. (June). Adapting the Individual Placement & Support (IPS) Model of Supported Employment for early emerging adults with serious mental health conditions. Psychiatric Rehabilitation Association Annual Conference. Baltimore, MA.
- 2014 Klodnick, V.V. (March). The meaning of home in the context of aging out of foster Care with a serious mental health condition. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2014 Klodnick, V.V. Sabella, K., Ellison, M., Fagan, M., & Davis, M. (March). Perspectives of early emerging adults with serious mental health conditions on vocational peer mentors. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2013 Frounfelker, L.R., Klodnick, V.V., Mueser, K., & Todd, S. (November). Trauma and posttraumatic stress disorder among transition age youth with serious mental health conditions. American Public Health Association Annual Meeting. Boston, MA.
- 2013 Klodnick, V.V. & Fagan, M.A. (October). Aging out of the child welfare system with a serious mental health condition in early emerging adulthood. Society for the Study of Emerging Adulthood International Conference. Chicago, IL.
- 2013 Fagan, M. From Transition Cliff to Slope: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Association of Childrens Residential Conference, New York.2013 Klodnick, V.V. (March). Exploring transition experiences of early emerging adults with serious mental health conditions who are aging out of foster care from transitional living programs. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2013 Kaiser, S.M., Krzos, I., Vorhies, V., & Fagan, M. (March). Findings & lessons learned from the conceptualization, implementation, and evaluation of developmentally appropriate vocational services for transition age youth with serious mental health conditions. Children's Mental Health Research and Policy Conference, Tampa, FL.
- 2013 Fagan, M. Bridging the Transition Cliff: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Illinois Nonpublic Special Education Programs Annual Conference on Best Practices
- 2012 Fagan, M. From Transition Cliff to Slope: Supporting Young Adults with Mental Illness in Their Transition to Adulthood. National Council For Community Behavioral Healthcare, Chicago, IL.

- 2011 Fagan, M. & Doyle, L. Spreading the Contagion: Transforming a Culture to TIP Thinking for Young Adults with Mental Health Needs. System of Care Conference, Chicago
- 2011 Vorhies, V., & Fagan, M. (November). Beyond residential: The experiences of emerging adults with serious mental health conditions. Illinois Transitions Conference. Springfield, IL.
- 2011 Jarry, M., Silver, D., Ostler, T., Riebschleger, J., Vorhies, V., Lappen, B. (July). Supporting mental health consumers as parents: Outcomes of supported parenting pilot projects and assessment tools in the Midwest. National Alliance for Mentally Ill National Convention. Chicago, IL.
- 2011 Fagan, M., Elias, A., & Vorhies, V. (March). Innovations in residential care for transition age youth with serious mental health conditions. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2010 Vorhies, V., Davis, K., & Elias, A. (March). The Transition to Independence Process (TIP) Model, social capital, and transition age youth with severe mental illness. Children's Mental Health Research and Policy Conference, Tampa, FL.
- 2009 Elias, A., Lee, J., & Vorhies, V. (April). Dialectal Behavior Therapy: Adaptations for Residential Care. University of Illinois at Chicago's 6th Update on Residential Care. Chicago, IL.
- 2009 Fagan, M. A.R.T. in the Real World: Adapting Principles for Youth in Transition to Adulthood with EBD/MI. PEACE Works Conference. Denver, CO.
- 2008 Fagan, M., Badeau, S. & Delucey, D. Housing and Transition from Child Welfare Georgetown Policy Academy, Baltimore, MD
- 2008 Elias, A., Lee, J., & Vorhies, V. (July). Adapting Dialectical Behavior Therapy for Transitional Youth with Severe Mental Illness in a Residential Setting. From Cliff to Slope. Youth in Transition Conference. Evanston, IL.
- 2008 Vorhies, V. (October). Adapting & Evaluating Dialectical Behavior Therapy for Transitional Youth with Severe Mental Illness in a Residential Setting. Peer-reviewed Poster. American Psychiatric Association's Institute on Psychiatric Services. Chicago, IL.
- 2008 Vorhies, V. (April). Applying Dialectical Behavior Therapy in the Treatment of Transitional Youth with Severe Mental Illness. Peer-reviewed Poster. Boston University Innovations to Practice Conference. Boston, Massachusetts.
- 2007 Vorhies, V., Elias, A., Krzyzanowski, A., Fagan, M., & Little, N. (October). Dialectical Behavior Therapy with Transitional Youth with Mental Illness in Residential Care. Thresholds Science, Service, and Recovery Conference. Chicago, Illinois.

Research at Thresholds Youth & Young Adult Programs

- 2016-2017 ***Career & Occupation Readiness Experience (CORE) Pilot Study.***
PIs: Lisa Razzano, PhD, CPRP, & Nikki Pashka, MS, CRC, CPRP, Thresholds
Project Description: A pilot study of the feasibility and impact of a manualized vocational intervention (skills-based workshops with internship component) with young adults with serious mental health challenges.
- 2015-2017 ***Creating a Multidimensional Model of Engagement for Young Adult with Psychiatric Disabilities in Adult System Team-based Community Outreach and Support Services.***
PI: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Faculty Sponsor Lisa Razzano, PhD, University of Illinois at Chicago School of Medicine, Department of Psychiatry; Funding: NIDILRR Mary E. Switzer Research Fellowship, [#90SF0008-01-00](#)
Project Description: A mixed-methods study to examine service utilization patterns in outreach & community support team designed for 18-26 year olds in order to develop a multidimensional definition of engagement & tool to measure engagement.
- 2013-2017 ***RISE Transitional Living Program for Homeless Youth Program Evaluation.***
PI: Vanesa V. Klodnick, PhD, LCSW, Thresholds; Funded by: U.S. DHHS, Administration on Children, Youth & Families, #HHS-2012-ACF-ACYF-CX-0289
Project Description: A mixed-methods longitudinal program evaluation of the RISE TLP.
- 2015-2016 ***Improving Transition to Independence Process (TIP) Model Fidelity Assessment Tools.***
PI's: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Hewitt B. Clark, Ph.D., Stars Behavioral Health & University of South Florida
Project Description: Created online fidelity tool to assess transitions solutions review process from staff perspective; piloted this tool at Thresholds & evaluating tool across 6 agencies.
- 2015 ***Decision Support for Smoking Cessation in Young Adults with Severe Mental Illness.***
PI: Mary Brunette, PhD, Dartmouth College, Funded by National Institute of Health, #5R21CA158863-02
Project Description: Project examined impact of motivational electronic decision support system (EDSS) with young adults diagnosed with serious mental health

challenges to increase their likelihood in accessing smoking cessation treatments.

2012-2015 ***Exploring Experiences and Perceptions of a Successful Transition to Adulthood among Young People Aging Out of Foster Care from Institutional Settings with Serious Mental Health Conditions.***

PI: Vanessa V. Klodnick, PhD, The University of Chicago; Faculty Sponsor Gina Samuels, PhD, The University of Chicago School of Social Service Administration; Funded by: Fahs Beck Fund for Research & Experimentation Doctoral Dissertation Grant

Project Description: A longitudinal grounded theory study of young people aging out of child welfare with mental health conditions.

2011-2014 ***Adapting the Individual Placement & Support Model of Supported Employment for Transition Age Youth with Serious Mental Health Conditions.***

PIs: Maryann Davis, PhD, & Marsha Ellison, PhD, The Learning & Working during the Transition to Adulthood Rehabilitation Research & Training Center (Transitions RTC) at The University of Massachusetts Medical School; Funded by: NIDRR #H133B090018

Project Description: A pilot study assessing the feasibility of add-ons made to the IPS-model of supported employment with 18-21 year olds diagnosed with serious mental health in residential care.

2007-2012 ***Adapting Dialectical Behavior Therapy for Transition Age Youth Diagnosed with Severe Mental Illness.***

PIs: Kristin Davis, PhD & Sandra Wilkniss, PhD, Thresholds Institute

Project Description: A longitudinal mixed-method panel study evaluating the feasibility and impact of an adapted version of DBT for 18-21 year olds in Thresholds youth programs.

2009-2010 ***Transition Age Youth with Severe Mental Illness: Post-Emancipation Study.***

PI: Vanessa Vorhies, MSSW, Thresholds Institute & The University of Chicago, School of Social Service Administration; Co-Is: Kristin Davis, PhD, & Marc Fagan, Psy.D, Thresholds

Project Description: A qualitative study that built on previous qualitative research of youth aging out of care from Thresholds Youth residential and TLP programs to examine the life experiences, needs, and barriers to adult community mental health services post-emancipation.

2007-2009 ***Improving Outcomes for Pregnant & Parenting Foster Care Youth with Severe Mental Illness: An Evaluation of a Transitional Living Program.***

PIs: Kristin Davis, PhD, & Sandra Wilkniss, PhD, Thresholds Institute

Project Description: A mixed-methods panel study of the impact of the Thresholds Mothers Project services on a sample of 25 young women in the program for at least 12 months.

2006-2008 ***Evaluation of the Transition to Independence Process (TIP) Model across Residential and Transitional Living Program Settings.***

PIs: Kristin Davis, PhD, & Hewitt B. Clark, PhD

Project Description: A qualitative panel study assessing how community-based and program-based residential settings trained in the TIP model differ in supporting young adults diagnosed with serious mental health challenges transition to independent living after aging out of the child welfare system.