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- Ana, Thresholds Member

...discharge. She was able to support her recovery, including benefits. Millie dedicated her time to successfully complete her program.

- Millie, Thresholds Member

THRESHOLDS

...was referred to the Justice Program by her social worker. This was her first experience with services like community support. She has greatly benefited from learning about her diagnosis and how her mental health affected her legal issues. Due to her compliance with treatment, the state's attorney and judge are dropping charges against her. Her team at Thresholds Justice Program plans to help her return to her apartment, enroll in college classes, and secure employment."

- Ar

Annual Report Fiscal Year 2018

OUR WORK

Established in 1959, Thresholds provides healthcare, housing, and hope for thousands of individuals living with mental illnesses and substance use disorders in Illinois each year. Thresholds is the largest provider of community mental health services in Illinois, providing evidence-based services through a holistic approach to treat the whole person.



OUR MISSION

Thresholds assists and inspires people with mental illnesses and substance use disorders to reclaim their lives by providing supports, skills, and the respectful encouragement they need to achieve hopeful and successful futures.

OUR KEYS TO RECOVERY

Community Support

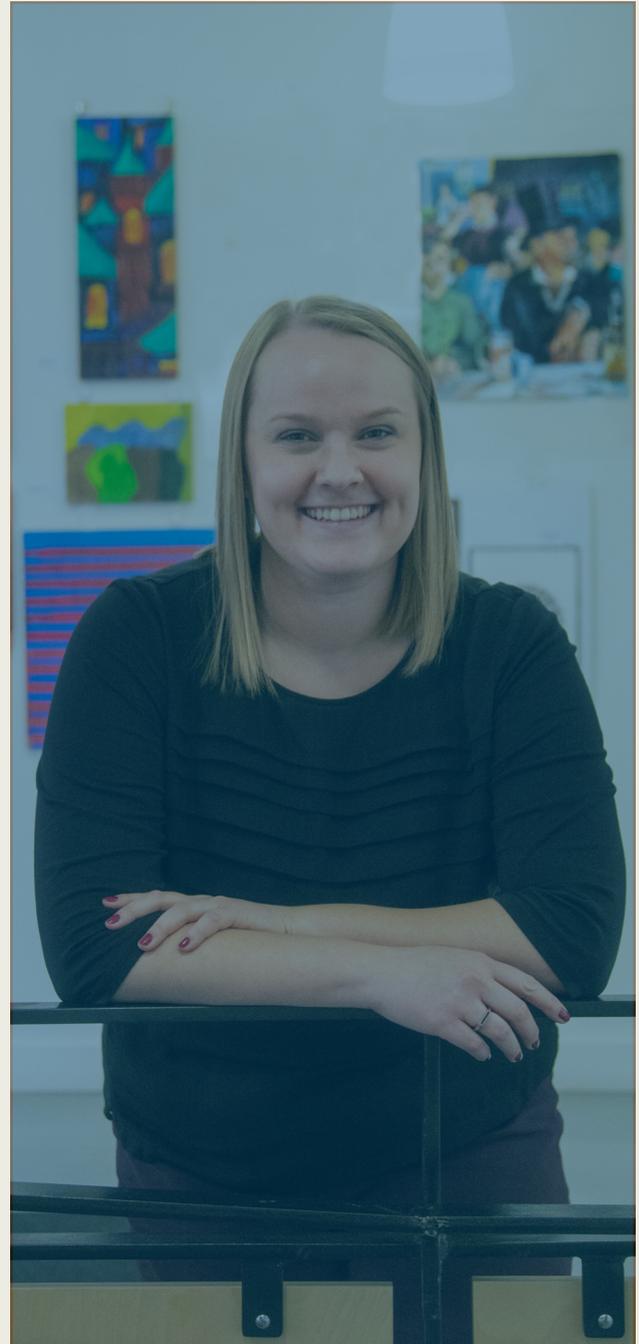
Thresholds provides a comprehensive array of clinical services in a community setting. Our clients have access to case management, psychiatric care, group and individual therapy, the evidence-based practices of Wellness Management and Recovery and Integrated Dual Disorders Treatment, and more.

Housing

The journey to self-sufficiency and recovery begins with a home. Thresholds residential programs offer a variety of community housing options for people with serious mental illnesses.

Supported Employment

The Supported Employment program helps clients live with dignity, independence, and respect by obtaining paid employment through one of our more than 150 community partner employers.



HOME

The journey toward recovery and self-sufficiency begins with a home.

Thresholds operates over 1,000 housing units in more than 80 residential locations, making the agency **Chicago's largest supportive housing provider**. Residents are given opportunities to develop social and independent living skills, setting them up to be integral parts of their communities.





1,337 clients were housed through agency-owned housing, rental assistance, and housing vouchers



As a participant of the Chicago Partnership to End Homelessness, **Thresholds makes every effort to operate on the principle of Housing First.** We believe housing should be provided regardless of when an individual is ready to receive other services.

HEALTH

Thresholds believes in treating both physical and mental health together.

People with serious mental illnesses die 28 years earlier on average than the general population, most frequently due to co-occurring, treatable medical conditions. **Thresholds offers services designed to integrate mental health, substance use, and primary care treatment to support persons with serious mental illnesses.** This is done by providing a person-centered, holistic approach to recovery.





1,540 clients made **9,878** visits to our Integrated Health Care clinics for primary care in addition to behavioral health services



Our integrated care services are provided through partnerships with like-minded Federally Qualified Health Centers. These partners have co-located their clinics into three of Thresholds programs.

HOPE

Recovery is possible.

Recovery is a process of **finding and living a satisfying and meaningful life**, as defined by oneself. Thresholds assists clients as they work to reclaim a positive sense of self, discover their own potential, and remain hopeful for a better future.





37 programs offer unique services to meet each client's individual needs



Thresholds rejects the notion that anyone is a lost cause. Our foremost goal is to ensure that every individual in our care receives the necessary skills and support to **live an independent and fulfilling life.**

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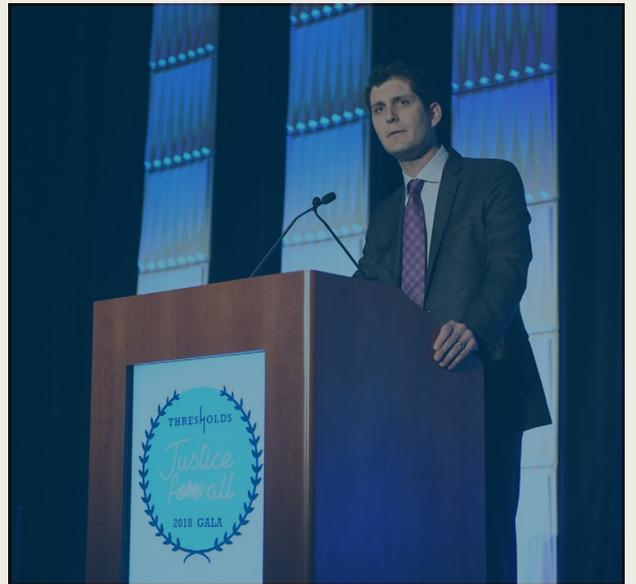
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2018 HIGHLIGHTS

Each year, Thresholds achieves new successes, reaches bigger milestones, and sets higher goals for the future, thanks to the support of our donors and partners.

18,000 clients received services through Thresholds programs last year



Thresholds offered **1,250** supported housing options for clients throughout Illinois

More than **450,000** hours of care were provided



400 clients found jobs through our Supported Employment Programs



215 Thresholds Veterans Project clients were living in stable housing by the end of 2018

The Justice Program served **400** individuals recently released from the prison system



Thresholds served **70** clients through our Deaf Program



WHAT OUR CLIENTS SAY:

“Because if it wasn’t for Thresholds, I wouldn’t even be here. I know where I’m going now. I have direction I my life. “

“Once I connected with Thresholds, they made me feel part of something and they embraced me as one of their own.”

“Having Thresholds believe in me, it means a lot to me. Someone to be by my side.”

STATEMENT OF REVENUE AND EXPENSES FY2018

PUBLIC SUPPORT

Medicaid Service Revenue	39,388,899	41.5%
Grants and Fees from Government Agencies	36,121,915	38.1%
Community Contributions	5,209,946	5.5%
Special Events Income	816,182	0.9%
Total Public Support	\$81,536,942	86%

OTHER REVENUE

Service Fees	4,282,577	4.5%
Residential Fees	2,982,488	3.1%
Rent Subsidy	2,927,420	3.1%
Realized Gain on Fixed Asset Dispositions	762,285	0.8%
Realized and Unrealized Gain on Investments	377,395	0.4%
Interest and Divident Income	516,297	0.5%
Other Income	1,441,706	1.5%
Total Other Revenue	\$13,290,168	14%

TOTAL REVENUE **\$94,827,110** **100%**

DIRECT PROGRAM EXPENSES

Vocational and Social Rehabilitation	2,912,707	3.1%
Case Management and Care	45,636,619	48.9%
Independent Living	16,643,213	17.8%
Research Projects	509,678	0.5%
Youth Services	9,326,629	10.0%
Total Direct Program Expenses	\$75,716,454	81.2%

SUPPORT SERVICES

Administrative	16,513,530	17.7%
Development and Fundraising	1,009,345	1.1%
Total Support Services	\$17,522,875	18.8%

TOTAL EXPENSES **\$93,239,329** **100%**

CURRENT YEAR SURPLUS **\$1,587,781**

THRESHOLDS

HOME | HEALTH | HOPE

Thank you!

www.thresholds.org