OUR MISSION

Thresholds assists and inspires people with mental illnesses and substance use disorders to reclaim their lives by providing supports, skills, and the respectful encouragement they need to achieve hopeful and successful futures.

OUR WORK

Established in 1959, Thresholds provides healthcare, housing, and hope for thousands of individuals living with mental illnesses and substance use disorders in Illinois each year. Thresholds is the largest provider of community mental health services in Illinois, providing evidence-based services through a holistic approach to treat the whole person.
OUR KEYS TO RECOVERY

Community Support
Thresholds provides a comprehensive array of clinical services in a community setting. Our clients have access to case management, psychiatric care, group and individual therapy, the evidence-based practices of Wellness Management and Recovery and Integrated Dual Disorders Treatment, and more.

Housing
The journey to self-sufficiency and recovery begins with a home. Thresholds residential programs offer a variety of community housing options for people with serious mental illnesses.

Supported Employment
The Supported Employment program helps clients live with dignity, independence, and respect by obtaining paid employment through one of our more than 150 community partner employers.
HOME

The journey toward recovery and self-sufficiency begins with a home.

Thresholds operates over 1,000 housing units in more than 80 residential locations, making the agency Chicago’s largest supportive housing provider. Residents are given opportunities to develop social and independent living skills, setting them up to be integral parts of their communities.
1,337 clients were housed through agency-owned housing, rental assistance, and housing vouchers.

As a participant of the Chicago Partnership to End Homelessness, **Thresholds makes every effort to operate on the principle of Housing First.** We believe housing should be provided regardless of when an individual is ready to receive other services.
**HEALTH**

Thresholds believes in treating both physical and mental health together.

People with serious mental illnesses die 28 years earlier on average than the general population, most frequently due to co-occurring, treatable medical conditions. **Thresholds offers services designed to integrate mental health, substance use, and primary care treatment to support persons with serious mental illnesses.** This is done by providing a person-centered, holistic approach to recovery.
1,540 clients made 9,878 visits to our Integrated Health Care clinics for primary care in addition to behavioral health services.

Our integrated care services are provided through partnerships with like-minded Federally Qualified Health Centers. These partners have co-located their clinics into three of Thresholds programs.
HOPE

Recovery is possible.

Recovery is a process of **finding and living a satisfying and meaningful life**, as defined by oneself. Thresholds assists clients as they work to reclaim a positive sense of self, discover their own potential, and remain hopeful for a better future.
Thresholds rejects the notion that anyone is a lost cause. Our foremost goal is to ensure that every individual in our care receives the necessary skills and support to live an independent and fulfilling life.
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More than 450,000 hours of care were provided

18,000 clients received services through Thresholds programs last year

Thresholds offered 1,250 supported housing options for clients throughout Illinois

2018 HIGHLIGHTS

Each year, Thresholds achieves new successes, reaches bigger milestones, and sets higher goals for the future, thanks to the support of our donors and partners.
400 clients found jobs through our Supported Employment Programs

215 Thresholds Veterans Project clients were living in stable housing by the end of 2018

The Justice Program served 400 individuals recently released from the prison system

Thresholds served 70 clients through our Deaf Program
"Because if it wasn’t for Thresholds, I wouldn’t even be here. I know where I’m going now. I have direction in my life."

"Once I connected with Thresholds, they made me feel part of something and they embraced me as one of their own."

"Having Thresholds believe in me, it means a lot to me. Someone to be by my side."

WHAT OUR CLIENTS SAY:
STATEMENT OF REVENUE AND EXPENSES FY2018

PUBLIC SUPPORT
- Medicaid Service Revenue: $39,388,899 (41.5%)
- Grants and Fees from Government Agencies: $36,121,915 (38.1%)
- Community Contributions: $5,209,946 (5.5%)
- Special Events Income: $816,182 (0.9%)
- Total Public Support: $81,536,942 (86%)

OTHER REVENUE
- Service Fees: $4,282,577 (4.5%)
- Residential Fees: $2,982,488 (3.1%)
- Rent Subsidy: $2,927,420 (3.1%)
- Realized Gain on Fixed Asset Dispositions: $762,285 (0.8%)
- Realized and Unrealized Gain on Investments: $377,395 (0.4%)
- Interest and Dividend Income: $516,297 (0.5%)
- Other Income: $1,441,706 (1.5%)
- Total Other Revenue: $13,290,168 (14%)

TOTAL REVENUE
- Total Revenue: $94,827,110 (100%)

DIRECT PROGRAM EXPENSES
- Vocational and Social Rehabilitation: $2,912,707 (3.1%)
- Case Management and Care: $45,636,619 (48.9%)
- Independent Living: $16,643,213 (17.8%)
- Research Projects: $509,678 (0.5%)
- Youth Services: $9,326,629 (10.0%)
- Total Direct Program Expenses: $75,716,454 (81.2%)

SUPPORT SERVICES
- Administrative: $16,513,530 (17.7%)
- Development and Fundraising: $1,009,345 (1.1%)
- Total Support Services: $17,522,875 (18.8%)

TOTAL EXPENSES
- Total Expenses: $93,239,329 (100%)

CURRENT YEAR SURPLUS
- Current Year Surplus: $1,587,781
THRESHOLDS

HOME | HEALTH | HOPE

Thank you!

www.thresholds.org