

# COVID-19 Vaccines

It is OK to be unsure about vaccines.  
But, we also can **SEE** the benefits:  
Vaccines are **Safe, Effective, & Easy!**

Vaccines protect us by activating the body's immune system to produce antibodies that fight a virus. 

These fighting antibodies may result in normal side effects that are reactions and signs that a vaccine is working.

## What makes it SAFE?

>> Every study, every phase and every vaccine trial was reviewed by the FDA (Food & Drug Administration) and a safety board. Diverse people were included.

>>The vaccine is safe to use with psychiatric medications.

## How EASY is it?

- >> Vaccines are FREE!
- >> Injected into the arm muscle
- >> Given in TWO doses
  - Pfizer: 3 weeks apart
  - Moderna: 4 weeks apart

## Is it EFFECTIVE?

>> 95% Effective

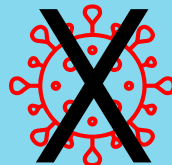
>>Prevents COVID-19 infection across age, gender, race & ethnicity

>>Lowers risk of spreading COVID-19 to friends & family

>>The more people who get vaccinated, the better the chances we will experience herd immunity & return back to more normal activities.

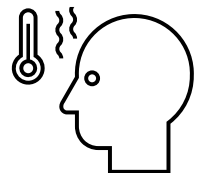
Moderna

Pfizer-BioNTech



Potential **1<sup>st</sup> dose** side effects:

- Mild to moderate soreness at injection site
- Tiredness
- Headache



Potential **2<sup>nd</sup> dose** side effects:

- Muscle or joint pain
- Chills
- Fever
- Diarrhea, nausea & vomiting

**Side effects generally last only 1 or 2 days. Some people may experience no side effects at all.**

