

Youth & Young Adult Services Knowledge Translation

We conduct rigorous program evaluation for quality improvement purposes, as well as, conduct research to develop and test new innovative practices to enhance the lives of the young people with serious mental health needs, and their families. What we learn through these efforts, we share locally and nationally to a variety of stakeholders through different mediums, including:

- I. Peer-Reviewed Publications
- II. Book Chapters, White Papers, Toolkits & Grey Literature
- III. Peer Reviewed Conference Proceedings
- IV. Invited Speaking Engagements, Trainings & Webinars
- V. Research Project Descriptions

I. Peer Reviewed Journal Publications

- 2022 Cohen, D., Londono, T., Klodnick, V. V., Emmerson, K., & Stevens, L. (accepted). "There wasn't any build up to it, it was just like, now you have to go over." Disengagement during the child to adult community mental health service transition. *Journal of Adolescent Health*
- 2022 Haywood, C., Havlicek, J., Klodnick, V. V., & Bilaver, L. A. (in press). Understanding access to vocational rehabilitation services among transition aged youth in foster care. *Journal of Public Child Welfare*. https://doi.org/10.1080/15548732.2022.2064032
- 2022 McCormick, K. A., Sevillano, L., Klodnick, V. V., Lopez, M. A., & Cohen, D. A. (in press). Texas Coordinated Specialty Care programs during the COVID-19 pandemic: Barriers and innovations. *Psychiatric Services*. https://doi.org/10.1176/appi.ps.2021004292017
- 2021 Blajeski, S., Klodnick, V. V., Caruso, N., & Sale, T. (2021). How early stigmatizing experiences, peer connections, and peer spaces influenced pathways to employment or education after a first-episode of psychosis. *Psychiatric Rehabilitation Journal*, online ahead of print. https://doi.org/10.1037/prj0000502
- 2021 Londono, T., Klodnick, V. V., Emmerson, K., Newman, N., & Cohen, D. A. (2021). Creative technology-based strategies for engaging young people with serious mental health conditions in longitudinal mental health services research. *Child & Adolescent Social Work Journal*. https://doi.org/10.1007/s10560-021-00778-5
- 2021 Klodnick, V. V., Johnson, R., C., Morris, C., Sapiro, B., Cohen, D., & Schneider, A. (2021). From receiver to provider: Social role shifts among youth aging out of care with serious mental health needs. *Child & Youth Services Review, 127.* https://doi.org/10.1016/j.childyouth.2021.106120
- 2021 Klodnick, V. V., Johnson, R. P., Brenits, A., Cohen, D. A., Fagan, M. A., Paauw, M. A., & Schneider, A. (2021). Developing a community-based multidisciplinary service exit typology for young adults with serious mental health conditions. *Psychiatric Rehabilitation Journal*. https://doi.org/10.1037/prj0000486
- 2021 Klodnick, V. V., Malina, C., Fagan, M. A., Johnson, R. P., Brenits, A., Zeidner, E., & Viruet, J. (2021). Meeting the developmental needs of emerging adults diagnosed with serious mental health challenges: The Emerge Model. *Journal of Behavioral Health Services & Research*, 48(1), 77-92. https://doi.org/10.1007/s11414-020-09699-0

- 2020 Klodnick, V. V., & Samuels, G. M. (2020). Building home on a fault line: Aging out of child welfare with serious mental health challenges. *Journal of Child & Family Social Work, 25*(3), 704-713. https://doi.org/10.1111/cfs.12747
- 2020 Cohen, D., Klodnick, V. V., & Kramer, M., Strakowski, S. M., & Baker, J. (2020). Predicting child to adult community mental health service continuation. *Journal of Behavioral Health Services & Research*, 47, 331–345. https://doi.org/10.1007/s11414-020-09690-9
- 2019 Klodnick, V. V., Fagan, M. A., Brenits, A., Gomez, S., Malina, C., Zeidner, E., & Viruet, J. (2019). Thresholds MindStrong & Emerge Models: Multidisciplinary, feasible, effective & sustainable. *Focal Point, the Pathways RTC Journal*. https://www.pathwaysrtc.pdx.edu/focal-point-S1908
- 2019 Klodnick, V. V., Clark, R., Johnson, R., & Fagan, M. (2019). Developing quality assurance practices and measures for implementing and sustaining the transition to Independence Process TIP Model. *Psychiatric Rehabilitation Journal*, 42(1), 71-78. https://doi.org/10.1037/prj0000324
- 2017 Brunette, M. F., Ferron, J. C., Robinson, D., Coletti, D., Geiger, P., Devitt, T., Klodnick, V., Gottlieb, J., Xie, H., Greene, M. A., Ziedonis, D., Drake, R. E., & McHugo, G.J. (2018). Brief web-based interventions for young adult smokers with severe mental illnesses: A randomized, controlled pilot study. *Nicotine & Tobacco Research*, 20(10), 1206-1214. https://doi.org/0.1093/ntr/ntx190
- 2016 Delman, J., & Klodnick, V. V. (2016). Factors supporting the employment of young adult peer Providers: Perspectives of Workers and Supervisors. *Community Mental Health Journal*, 53(7), 811-822. https://doi.org/10.1007/s10597-016-0059-6
- 2015 Ellison, M. L., Klodnick, V. V., Bond, G. R., Krzos, I. M., Kaiser, S. M., Fagan, M.A., & Davis, M. (2015). Adapting supported employment for emerging adults with serious mental health conditions. *Journal of Behavioral Health Services & Research*, 42(2), 206-222. https://doi.org/10.1007/s11414-014-9445-4
- 2014 Klodnick, V. V., Sabella, K., Krzos, I. M., Brenner, C., Kaiser, S. M., Ellison, M. L, Davis, M. & Fagan, M. A. (2014). Perspectives of early emerging adults with serious mental health conditions on vocational peer mentors. *Journal of Emotional & Behavioral Disorders*, 1-12. https://doi.org/10.1177/1063426614565052
- 2013 Klodnick, V. V., Davis, K., Fagan, M., & Elias, A. (2013). Launching into adulthood from institutional care: The experiences of emerging adults with serious mental health conditions. *Community Mental Health Journal*, 50(2), 209-215. https://doi.org/10.1007/s10597-013-9643-1
- 2013 Klodnick, V. V., Murphy, C., & Fagan, M. (2013). Building a developmentally tailored mental health program for transition age youth success. *Psychiatric Rehabilitation Association PsyR Connection,* Issue 1. http://www.psychrehabassociation.org/content/building-developmentally-tailored-mental-health-program-transition-age-youth-success-0
- Frounfelker, R., Vorhies, V., Mueser, K. T., & Todd, S. (2013). Posttraumatic stress disorder and trauma in transition age youth with serious mental health conditions in residential care. *Journal of Traumatic Stress*, 26(3), 409-412. https://doi.org/10.1002/jts.21812
- Vorhies, V., Davis, K. E., Frounfelker, R. L., & Kaiser, S. M. (2012). Applying social and cultural capital frameworks: Understanding employment perspectives of transition age youth with serious mental health conditions. *Journal of Behavioral Health Services and Research*, 39(3), 257-270. https://doi.org/10.1007/s11414-012-9274-2
- Vorhies, V., Glover, C.M., Davis, K., Hardin, T., Krzyzanowski, A., Harris, M., Fagan, M., & Wilkniss, S. (2009).
 Improving outcomes for pregnant & parenting foster care youth with severe mental illness: An evaluation of a transitional living program. *Journal of Psychiatric Rehabilitation*, 33(2), 115-124.
 https://doi.org/10.2975/33.2.2009.115.124

II. Book Chapters, White Papers, Toolkits & Grey Literature

- 2022 Barba, A., Klodnick, V. V., Munson, M. R., LaPelusa, B., Johnson, R. P. (2022). *Bridging the Gap Peer Kit for Agencies Employing Young Adults in Peer Roles*. Jewish Board of New York.
- Johnson, R. P., Schneider, A., LaPelusa, B., & Klodnick, V. V. (2021). <u>Virtual Best-Practice Guide for Youth & Young Adult Community Mental Health Providers.</u> Thresholds, Chicago, IL.
- 2021 Klodnick, V. V., & Gold, A. (2021). <u>Organizational Young Adult Peer Mentor Readiness Assessment Tool.</u>
 Children's Behavioral Health Knowledge Center, Massachusetts Department of Mental Health.
- Johnson, R. P., Tolar, B., Brdecka, L. E., & Klodnick, V. V. (2020). *Cognitive Training Staff User Guide (Version 2)*. Thresholds, Chicago, IL.
- 2020 Cohen, D., Klodnick, V. V., Stevens, L., Emmerson, K., & Neumann, N. (2020). Developmentally-Tailored Services for Transition-Age Youth with Serious Mental Health Challenges in Texas: A Guide for Providers. (Version 1). The University of Texas, Texas Institute for Excellence in Mental Health.
- 2020 Husbands, E., & Klodnick, V.V. Cannabis & psychosis: A fact sheet. Thresholds Youth & Young Adult Services Research & Innovation, Chicago, IL.
- 2020 Johnson, R., Klodnick, V.V., Malina, C., & Zeidner, E. *Early intervention in psychosis education handouts for youth, families, & practitioners.* Thresholds Youth & Young Adult Services, Chicago, IL.
- 2019 Klodnick, V. V., Sabella, K., & Mizrahi, R. (2019). *Youth Peer Support Worker TIP Sheet.* New Mexico Healthy Transitions & UMASS Transitions to Adulthood Center for Research.
- 2019 Sabella, K., & Klodnick, V. V. (2019). *Implementation Report for New Mexico's Youth Peer Support Worker Imitative, 2018-2019: Summary of Technical Assistance Needs and Questions.* UMASS Transitions to Adulthood Center for Research.
- 2019 Clark, H. B., Fagan, M., & Klodnick, V.V. (2019). *TIP Solutions Review (TSR) Protocol.* Stars Behavioral Health Group, Long Beach, CA.
- 2019 Klodnick, V.V. <u>Effective Supervision for Young Adult Peer Mentors: A Guidebook (Version 2).</u> University of Massachusetts Medical School, Transitions Research & Training Center in partnership with Department of Mental Health SAMHSA-funded STAY Project.
- 2018 Klodnick, V. V., Mullen, M., Johnson, R., Stone, B., Banko, A. (2018). *Helping Youth on the Path to Employment (HYPE) Model Fidelity Scale (Version 1)*. University of Massachusetts Medical School, Transitions Research & Training Center in Partnership with Rutgers University, Department of Psychiatric Rehabilitation & Counseling Professions.
- 2018 Klodnick, V. V. (2018). *Transition-Age Youth Quality of Life Scale.* Thresholds & The University of Texas, Texas Institute for Excellence in Mental Health
- 2018 Klodnick, V. V., Mullen, M., Johnson, R., Stone, B., Banko, A. *The "Helping Youth on the Path to Employment"* (HYPE) Model Fidelity Scale (version1). University of Massachusetts Medical School, Transitions to Adulthood Center for Research
- 2017 Delman, J., & Klodnick, V.V. Supporting the Success of Young Adult Peer Recovery Workers: A Toolkit for Employers. University of Massachusetts Medical School, Transitions Research & Training Center.

 https://www.umassmed.edu/globalassets/transitionsrtc/publications/effectivleyemployingyoungadultpeerp
 roviders a toolkit.pdf
- 2016 Klodnick, V. V. (2016). CORE Job Readiness Assessment. Thresholds. Chicago, IL.
- 2016 Cohen, D.A., Lopez, M.A., Klodnick, V. V., & Stevens, L. (August). <u>A Guided Pathway to Success: Addressing the Needs of Youth and Young Adults with Serious Mental Health Conditions in Texas</u>. Texas Institute for Excellence in Mental Health. School of Social Work, The University of Texas at Austin.

- 2014 Fagan, M., Davis, M., Denietolis, B.M., & Sondheimer, D.L. Innovative Residential Interventions for young adults in transition. In G.M. Blau, B. Caldwell, & R.E. Liberman (Eds.), <u>Residential Interventions for Children, Adolescents, and Families: A Best Practice Guide.</u> New York, NY: Taylor & Francis.
- Vorhies, V., Sabella, K., Fagan, M., Ellison, M. & Davis, M. (2014). <u>Making it Work: Vocational Peer Mentors for Emerging Adults with Serious Mental Health Conditions.</u> Worcester, MA: University of Massachusetts Medical School, Department of Psychiatry, Systems and Psychosocial Advances Research Center (SPARC), Transitions Research and Training Center.
- 2013 Klodnick, V.V., Murphy, C., & Fagan, M. <u>Building a Developmentally Tailored Mental Health Program for Transition Age Youth Success.</u> Psychiatric Rehabilitation Association PsyR Connection, Issue 1.
- 2009 Fagan, M., Munchel, W., Rogers, I., & Clark, H.B. Serving Young Adults with Serious Mental Health Challenges from Dependency Programs and Community Settings. In H.B. Clark & Unruh, D.K. (Eds.), *Evidence supported handbook with sections dedicated to best practices with youth in transition*. Baltimore, MD: Brookes Publishing.

III. Peer Reviewed Conference Presentations

- 2022 Klodnick, V. V., Cohen, D. A., & Fagan, M. A. (March). Applying Discovery-Oriented Care to Engage Young Adults with Serious Mood & Anxiety Disorders in Multidisciplinary Mental Health Treatment. Anxiety and Depression Association of America Conference. Denver, CO.
- 2021 Fagan, M. A., & Klodnick, V. V. Discovery-Oriented Services for Young Adults with Mental Health Needs. (Nov). Illinois Statewide Transition Conference. Peoria, IL.
- 2020 O'Donnell, H., Fagan, M., & Klodnick, V. V. (April). Learning from Illinois: Passing a Private Insurance Mandate for Coordinated Specialty Care for First Episode Psychosis. Annual National Council on Behavioral Health. Austin. TX. (Unable to present due to COVID-19).
- Johnson, R., Klodnick, V. V., & Fagan, M. (April). Balancing Risk with a Safety Net: How Transitional Living Programs Fare with Homeless Youth with Serious Mental Health Conditions. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL. (Unable to present due to COVID-19).
- 2020 Cohen, D., Klodnick, V. V., Londono, T., Emmerson, K., Stevens, L., & Fagan, M. (March). Five-Year Update: Results from a Research-Provider Partnership to Better Engage and Retain Transition-Age Youth in Mental Health Services. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL. (Unable to present due to COVID-19).
- 2020 Klodnick, V. V. (January). Unpacking Ghosting among Transition Age Youth Diagnosed with Serious Mental Health Conditions in Community-Based Multidisciplinary Services. Annual Society for Social Work Research Conference. Washington, DC.
- 2020 Cohen, D.A., Klodnick, V. V., Londono, T. (January). Aging out of Child Mental Health into Adult Mental Health Services: Missed Opportunities for Engagement. Annual Society for Social Work Research Conference. Washington, DC.
- 2019 Klodnick, V. V., Johnson, R., Slacum-Jones, K., Gomez, S., Brenits, A. (October). Build a Multidisciplinary CQI Dream Team at your Org! If we can do it, so can you! Annual Continuous Quality Improvement Conference. University of Illinois at Champaign Urbana.
- 2019 Martin, C.A., Miller, J., Poe, B., Nash, K.C., & Klodnick, V. (October). Peer Support/Mentors Impacting Substance Use & Mental Health Care in Adolescents & Young Adults. Annual American Academy of Child & Adolescent Psychiatry Conference. Chicago, IL
- 2019 Fagan, M., & Klodnick, V. V. (March). Building the Case for Young Adult-Specific Programs: Maximizing Dollars & Making Sense. Annual National Council on Behavioral Health. Nashville, TN. https://natcon2019-ph.nepsilon.org/

natcon.ipostersessions.com/default.aspx?s=74-83-18-3C-8E-BB-22-7D-93-8B-77-4B-AA-1C-27-24&guestview=true

- 2019 Klodnick, V. V., Schwank, A., Johnson, R. P., & Fagan, M. (March). Unpacking Transition-Age Youth & Young Adult Multidisciplinary Service Engagement: Examining the Relationship between Social Support and Service Enrollment Length. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2019 Fagan, M., Klodnick, V. V., Fetzer, P., & Clark, H. B. (March). Increasing Engagement and Improving Outcomes in Early Psychosis programs by Integrating Transition-Age Youth Best Practices: A Solution-Focused Discussion. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2019 Londoño, T., Cohen, D., & Klodnick, V. A Catch 22? (March). The Real Experience of Aging into Adult Community Mental Health Services. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- Jones, N., DuBrul, S., Allen, S., Klodnick, V. V., & Sale, T. (October). Youth/Peer Participation and Leadership in Early Intervention Services & Research: Towards the Future. IEPA Early Intervention in Mental Health 11 Conference. Boston, MA.
- 2018 Spencer, E., Fagan, M. A., & Klodnick, V. V. (October). Tailoring Services for Transition Age Youth with Mental Health Needs. Annual Illinois Transitions Conference. Itasca, IL.
- 2018 Klodnick, V. V. & Fagan, M. (September). Implementing Developmentally-Attuned Services for Transition-Age Youth with Serious Mental Health Challenges in Illinois. Illinois Association for Rehabilitation Facilities and Illinois Association for Behavioral Health Annual Conference. Chicago, IL.
- 2018 Klodnick, V. V. (June). Disruption & Redefinition: Transition-Age Youth Peer Integration. Psychiatric Rehabilitation Association, 41st Annual Wellness and Recovery Summit. Denver, CO.
- 2018 Klodnick, V. V., & Fagan, M. A. (June). Getting Engaged: Practical Strategies to Connect with Transition-Age Youth. Psychiatric Rehabilitation Association, 41st Annual Wellness and Recovery Summit. Denver, CO.
- 2018 Klodnick, V.V., Cohen, D., Jones, N., & Fagan, M. (March). Examining "Family Involvement" in Early Intervention in Psychosis: Three Unique Intervention and Evaluation Approaches from Texas, Illinois, and Vermont. Symposium at the Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2018 Klodnick, V.V. & Fagan, M. (March) The Dialectics of Transition Age Youth Engagement and Practice: Introducing the Theory of Balance. Paper Presentation at the Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2018 Ellison, M.L., Mullen, M., & Klodnick, V.V. (March). Adapting Supported Employment (IPS) for High School Age Youth: How, What, and What For? Discussion Hour the Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2018 Narendorf, S., Munson, M., Klodnick, V.V. (January). Help Seeking Patterns from Childhood to Young Adulthood in Low-Income Young Adults that Accessed Psychiatric Emergency Care. Society for Social Work & Research Annual Conference. Washington, D.C.
- 2017 Viruet, J., & Malina, C. (September). Using Resistance as an Engagement Tool with Transitional Age Youth. Illinois Association for Behavioral Health Conference, Naperville, IL.
- 2017 Malina, C., & Viruet, J. (September). Bridging the Transition Cliff: Building Effective Services for Transitional-Aged Youth Diagnosed with Serious Mental Health Conditions, Illinois Association for Behavioral Health Conference, Naperville, IL.
- 2017 Delman, J.D., & Klodnick, V.V. (June). Successfully Employing Young Adult Peer Mentors: From Research to Practice: The Employer Toolkit. Annual Psychiatric Rehabilitation Association Conference, Atlanta, GA.

- 2017 Malina, C., & Viruet, J. (March). Developing Effective Treatment Models for Transitional-age Youth with Serious Mental Health Challenges: The Thresholds Approach. National Alliance for the Mentally III in Illinois PIAT: Piecing It All Together Conference. Oak Park, IL, Dominican University.
- 2017 Bergan, J., Fagan, M., Brennan, E.M., Jivanjee, P., & Grover, J. (March). Shaping the Future of Training: Needs and Strategies For Supporting Successful Youth and Young Adults to Adulthood. Annual Research & Policy Conference on Children and Adolescents, Tampa FL.
- 2017 Klodnick, V.V., & Clark, H.B. (March). Development of an Online Fidelity Measurement Tool for the Transition to Independence Process: TIP Solutions Review. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Klodnick, V.V., & Fagan, M.A. (March). Meeting the Developmental Needs of Emerging Adults Diagnosed with Serious Mental Health Challenges: The Emerge Model. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Delman, J., Klodnick, V.V., & Jones, N. (March). A New Vision of Leadership and Involvement: Youth and Young Adult Peer Support. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Cohen, D.A., & Klodnick, V.V. (March). Changing Systems & Practice in Texas to meet the needs of Transition Age Youth with Serious Mental Health Challenges. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2017 Klodnick, V.V., & Cohen, D. (January). Integrating the Individual Placement and Support Model of Supported Employment for transition-age youth in the Texas community mental health system. Society for Social Work and Research Annual Conference. New Orleans, LA.
- 2017 Malina, C. (November). Trauma in the Helpers: Preventing and Responding to Trauma Reactions in Staff Working with Traumatized Youth. FYSB Runaway and Homeless Youth Training and Technical Assistance Annual Conference. St. Petersburg, FL.
- 2016 Cohen, D., & Klodnick, V.V. (August). Adapting supported employment for youth and young adults. Texas Network of Youth Services (TNOYS) 33rd Annual Conference. Houston, TX.
- 2016 Viruet, J., & Malina, C. (May). Using Resistance as an Engagement Tool with Transition Age Youth. Psychiatric Rehabilitation Association Annual Conference. Boston, MA.
- 2016 Narendorf, S., Munson, M., & Klodnick, V.V. (April). Childhood service experiences of young adults accessing crisis psychiatric services. Annual Conference: Society for Research on Adolescence. Baltimore, MD.
- 2016 Klodnick, V.V., & Fagan, M.A. (March). Aging Out of Semi-Institutional Psychiatric Care: The Necessary Shift from Passive to Active Participation in Social Support Exchanges. Annual Conference: American Association of Children's Residential Centers. Chicago, IL
- 2015 Klodnick, V.V. & Fagan, M.A. (March). Managing *support* in the wake of aging out of care as an emerging adult with a serious mental health condition. Annual Research & Policy Conference: Child, Adolescent, and Young Adult Behavioral Health. Tampa, FL.
- 2014 Ellison, M., Fagan, M.A., & Klodnick, V.V. (June). Adapting the Individual Placement & Support (IPS) Model of Supported Employment for early emerging adults with serious mental health conditions. Psychiatric Rehabilitation Association Annual Conference. Baltimore, MA.
- 2014 Klodnick, V.V. (March). The meaning of home in the context of aging out of foster Care with a serious mental health condition. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2014 Klodnick, V.V. Sabella, K., Ellison, M., Fagan, M., & Davis, M. (March). Perspectives of early emerging adults with serious mental health conditions on vocational peer mentors. Children's Mental Health Research and Policy Conference. Tampa, FL.

- 2013 Frounfelker, L.R., Klodnick, V.V., Mueser, K., & Todd, S. (November). Trauma and posttraumatic stress disorder among transition age youth with serious mental health conditions. American Public Health Association Annual Meeting. Boston. MA.
- 2013 Klodnick, V.V. & Fagan, M.A. (October). Aging out of the child welfare system with a serious mental health condition in early emerging adulthood. Society for the Study of Emerging Adulthood International Conference. Chicago, IL.
- 2013 Fagan, M. From Transition Cliff to Slope: Best Practices In Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Association of Children's Residential Conference, New York.
- 2013 Klodnick, V.V. (March). Exploring transition experiences of early emerging adults with serious mental health conditions who are aging out of foster care from transitional living programs. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2013 Kaiser, S.M., Krzos, I., Vorhies, V., & Fagan, M. (March). Findings & lessons learned from the conceptualization, implementation, and evaluation of developmentally appropriate vocational services for transition age youth with serious mental health conditions. Children's Mental Health Research and Policy Conference, Tampa, FL.
- 2013 Fagan, M. Bridging the Transition Cliff: Best Practices in Assisting Young Adults With Mental Health Needs As They Transition To Adulthood. Illinois Nonpublic Special Education Programs Annual Conference on Best Practices.
- 2012 Fagan, M. (April). From Transition Cliff to Slope: Supporting Young Adults with Mental Illness in Their Transition to Adulthood. National Council for Community Behavioral Healthcare, Chicago, IL.
- 2011 Fagan, M. & Doyle, L. Spreading the Contagion: Transforming a Culture to TIP Thinking for Young Adults with Mental Health Needs. System of Care Conference, Chicago, IL.
- 2011 Vorhies, V., & Fagan, M. (November). Beyond residential: The experiences of emerging adults with serious mental health conditions. Illinois Transitions Conference. Springfield, IL.
- 2011 Jarry, M., Silver, D., Ostler, T., Riebschleger, J., Vorhies, V., Lappen, B. (July). Supporting mental health consumers as parents: Outcomes of supported parenting pilot projects and assessment tools in the Midwest. National Alliance for Mentally III National Convention. Chicago, IL.
- 2011 Fagan, M., Elias, A., & Vorhies, V. (March). Innovations in residential care for transition age youth with serious mental health conditions. Children's Mental Health Research and Policy Conference. Tampa, FL.
- 2010 Vorhies, V., Davis, K., & Elias, A. (March). The Transition to Independence Process (TIP) Model, social capital, and transition age youth with severe mental illness. Children's Mental Health Research and Policy Conference, Tampa, FL.
- Fagan, M. (June). A.R.T. in the Real World: Adapting Principles for Youth in Transition to Adulthood with EBD/MI. PEACE Works Conference. Denver, CO.
- 2009 Elias, A., Lee, J., & Vorhies, V. (April). Dialectal Behavior Therapy: Adaptations for Residential Care. University of Illinois at Chicago's 6th Update on Residential Care. Chicago, IL.
- 2008 Fagan, M., Badeau, S. & Delucey, D. Housing and Transition from Child Welfare Georgetown Policy Academy, Baltimore, MD.
- 2008 Elias, A., Lee, J., & Vorhies, V. (July). Adapting Dialectical Behavior Therapy for Transitional Youth with Severe Mental Illness in a Residential Setting. From Cliff to Slope. Youth in Transition Conference. Evanston, IL.
- 2008 Vorhies, V. (October). Adapting & Evaluating Dialectical Behavior Therapy for Transitional Youth with Severe Mental Illness in a Residential Setting. Peer-reviewed Poster. American Psychiatric Association's Institute on Psychiatric Services. Chicago, IL.

- 2008 Vorhies, V. (April). Applying Dialectical Behavior Therapy in the Treatment of Transitional Youth with Severe Mental Illness. Peer-reviewed Poster. Boston University Innovations to Practice Conference. Boston, Massachusetts.
- Vorhies, V., Elias, A., Krzyzanowski, A., Fagan, M., & Little, N. (October). Dialectical Behavior Therapy with Transitional Youth with Mental Illness in Residential Care. Thresholds Science, Service, and Recovery Conference. Chicago, Illinois.

IV. Invited Speaking Engagements, Trainings, & Webinars

- 2022 Klodnick, V.V., & LaPelusa, B. (July). The Time for Change is Now: Transforming Youth Mental Health by Integrating Youth Peer Support in Ohio. Ohio Annual Youth Peer Conference (75-minute virtual keynote speech; 100 participants)
- 2022 Klodnick, V.V., & Several Coordinated Specialty Care Providers. (June). Sharing Successes: Celebrating FEP Transformation in the South-Southwest Region. South Southwest MHTTC First Episode Psychosis Conference. (75-minute panel moderator; 200 online; 200 in-person participants)
- Fagan, M. A., & Klodnick, V. V. (March). Discovery-Oriented Services for Young Adult with Mental Health Needs. Transition Planning Committee, A.E.R.O. Special Education Cooperative. (virtual; 30 participants)
- 2021 Klodnick, V. V., Duke, A., & Caruso, N. (Nov). Building & Retaining an Effective CSC Peer Workforce: The Vision, the Reality, & the Solution. Third National Early Psychosis Conference, American Psychiatric Association. (Virtual Delivery due to COVID-19; 590 participants).
- 2021 Klodnick V. V., Spencer, E., Stevens, L. (June). Improve Your Effectiveness in Engaging & Supporting Young Adults with their Career Goals by Leveraging Individual Placement & Support (IPS) Supported Employment & Education Best-Practices. SAMHSA South-Southwest Mental Health Technology Transfer Knowledge Center (MHTTC). (1.5 day interactive online training experience; 25 participants)
- 2021 Klodnick V. V., Spencer, E., Stevens, L. (June). Successfully Integrating Individual Placement & Support (IPS). Supported Employment & Education Best-Practices for Older Youth & Young Adults in your Community Mental Health Center. SAMHSA South-Southwest Mental Health Technology Transfer Knowledge Center (MHTTC). (Virtual 1-hour webinar; 100 participants; recorded for future training purposes)
- 2021 Klodnick, V. V., & Johnson, R. P. (June). Introducing the Virtual Best-Practice Guidebook. Transitions to Adulthood Center for Research, The University of Massachusetts (Virtual delivery due to COVID-19; 40 participants)
- 2021 Fagan, M. A., Klodnick, V. V., & Spencer, E. (Spring/Summer). Successfully Engaging Young Adults with Serious Mental Health Needs in Individual Placement & Support (IPS) Supported Employment & Education. Tennessee Department of Mental Health & Substance Use Services. (3-part virtual training series; 25 participants).
- Zeidner, E. (May). Emerging Adulthood, Clinical High Risk for Psychosis, & First Episode Psychosis: Early Intervention Works! Chicago Public School ODLSS Virtual Transition Fair. (148 students, caregivers, educators, transition specialists)
- 2021 Zeidner, E. (April). Emerging Adult Programs Overview for Providers. DuPage County Health Department. (12 staff therapists)
- 2021 Zeidner, E. (March). Coping During COVID. Panel Discussion at College of DuPage. (50 students and educators)
- 2021 Fagan, M. A., Klodnick, V. V., & Spencer, E. (Winter/Spring). Effective Leadership in Youth Residential Care Settings. The Jewish Board of New York. (10-part virtual training & learning collaborative experience; 20 participants).

- 2020 Zeidner, E. (Dec). Emerging Adulthood, Clinical High Risk for Psychosis, & First Episode Psychosis: Early Intervention Works! Counseling Department, Harold Washington College. (50 counseling students/interns)
- 2020 Zeidner, E. (Nov). Emerging Adult Programs Overview for Providers. University of Illinois at Chicago Hospital System (13 psychiatric interns & supervisors)
- 2020 Klodnick, V. V. (Oct). Leveraging Technology & Social Media to build Vocational Identity. Keynote at Wisconsin Annual Individual Placement & Support Supported Employment Conference. (Virtual delivery due to COVID-19; 330 participants).
- 2020 Klodnick, V. V. (Oct). Leveraging Mutuality to Build Strong Working Alliances. Workshop at Wisconsin Annual Individual Placement & Support Supported Employment Conference. (Virtual delivery due to COVID-19; 30 participants).
- 2020 Klodnick, V. V. (Sept). Re-thinking & Boosting Community-Based Multidisciplinary Team Engagement for Young Adults with Serious Mental Health Needs. South-Southwest MHTTC First Episode Psychosis Monthly Mentor Call: https://mhttcnetwork.org/centers/south-southwest-mhttc/home (Virtual delivery; 30 participants).
- 2020 Klodnick, V. V., Fagan, M., & Spencer, E. (July). Preparing Young Adult Peer Navigators for Success in Community Mental Health, hosted by UT-Austin & Integral Care. (Virtual delivery; 12 participants)
- 2020 Klodnick, V. V., Bissett, K., Hernandez, E., & Dansforth, J. (Dec 2019 & June 2020). Strengthening the Working Alliance between Young Adult Peer Mentors & their Supervisors, hosted by Massachusetts Department of Mental Health, Boston, MA. (In-person; 80 participants)
- 2020 Zeidner, E. (Sept). Early Psychosis Identification & Next Steps. La Casa Norte. (10 social service staff)
- Zeidner, E. (Sept.). Emerging Adulthood, Clinical High Risk for Psychosis, & First Episode of Psychosis: Early Intervention Works! Circuit Court of Cook County Restorative Justice Court. (50 caregivers, educators, transition specialists)
- 2020 Zeidner, E. (Sept). Psychosis Signs, Symptoms, & Next Steps. Insight ERC Behavioral Health (12 therapists)
- 2020 Fagan, M.A., & Klodnick, V.V. (August). Serious Mental Illness in Emerging Adulthood: Thresholds Multidisciplinary Approach. AON Staff Training (100 young adult staff)
- Zeidner, E. (Aug). Overview of Clinical High for Psychosis Identification, Program, & Services. DuPage Pediatrics (8 MD's & support staff)
- Zeidner, E. (June). Emerging Adulthood, Clinical High Risk for Psychosis, & First Episode of Psychosis: Early Intervention Works! Chicago Public School Office of Diverse Learner Supports & Services (ODLSS) Virtual Transition Fair. (50 caregivers, educators, transition specialists)
- 2019 Klodnick, V. V. (Dec). Invited Retreat Facilitator, UT-Austin Center for Youth Mental Health, hosted by Dell Foundation & the University of Texas Medical School, Austin, TX. (In-person delivery; 25 participants)
- 2019 Klodnick, V. V. (Nov). Re-Conceptualizing & Boosting Community-Based Multidisciplinary Team Engagement for Young Adults with Serious Mental Health Needs. Webinar for UMASS Transitions to Adulthood Center for Research (Virtual delivery; 400 participants)
- 2019 Fagan, M. A., Klodnick, V. V., & Spencer, E. (September). Enhancing IPS Supported Employment for Youth & Young Adults. Two-day training to multiple programs within Tennessee's SAMHSA Healthy Transitions, Coordinated Specialty Care, & Clinical High Risk for Psychosis Initiatives. Nashville, TN. (In-person delivery; 25 participants)
- 2019 Klodnick, V. V., Fagan, M., & Spencer, E. (July). Engaging Young People through Enhanced Evidence-Based Practices & Improved Team Communication & Cohesion. Two-day training to transition-age youth serving teams at the Heart of Texas & Integral Care, Austin, TX. (In-person delivery; 20 participants)

- 2019 Klodnick, V. V., Fagan, M., & Spencer, E. (May). Engaging transition-age youth effectively through leveraging evidence-based practices and building effective partnerships. Two-day training to multiple programs within the Jewish Board of New York. New York, New York. (In-person delivery; 25 participants)
- 2018 Klodnick, V. V., Fagan, M., & Spencer, E. (October). Engaging transition-age youth effectively through leveraging evidence-based practices and building effective partnerships. Two-day training to multiple programs within the Jewish Board of New York. New York, New York. (In-person delivery; 25 participants)
- 2018 Klodnick, V. V., Fagan, M., & Spencer, E. (July). Engaging transition-age youth effectively through leveraging evidence-based practices: Transition to Independence Process, Individual Placement & Support Supported Employment & Education, & Strategic Use of Self. Two-day training to transition-age youth serving teams at the Heart of Texas & Integral Care, Austin, TX. (In-person delivery; 20 participants)
- 2018 Ellison, M., Mullen, M., & Klodnick, V.V. (June). OMG! What is going on with Young Adults? Providing Psychiatric Rehabilitation to Young Adults. Full Day Preconference Training at the Annual Psychiatric Rehabilitation Association Conference. Denver, CO. (In-person delivery; 45 participants)
- 2018 Klodnick, V. V. (June). Effective Supervision for Young Adult Peer Mentors Part 2. One-day training for Supervisors who had completed previous training. The University of Massachusetts Medical School, Transitions to Adulthood Center for Research in partnership with Department of Mental Health SAMHSA-funded STAY Project. (In-person delivery; 22 participants)
- 2018 Klodnick, V. V. (January, March & May). Online Learning Community Facilitator for Massachusetts
 Department of Mental Health Initiative to train Young Adult Peer Mentor Supervisors. (Virtual delivery; 20 participants)
- 2018 Klodnick, V.V., Fagan, M., & Spencer, E. (February). Transition-Age Youth Best-Practice: Engagement, Vocational Services & Peer Support. 3-day training to SAMHSA-funded "Bridging the Gap" Peer Advocate Program. Jewish Board of New York. New York, New York.
- 2017 Klodnick, V.V. (December). Effective Supervision for Young Adult Peer Mentors. The University of Massachusetts Medical School, Transitions to Adulthood Center for Research in partnership with Department of Mental Health SAMHSA-funded STAY Project.
- 2017 Spencer, E. (November). Individual Placement and Support (IPS) Supported Employment with Emphasis on Young Adults. Department of Rehabilitation Services, Region 2 (6 counties: DuPage, Will McHenry, Kane, Kankakee, Lake).
- 2017 Malina, C. (October). Recognizing and Treating Transition-Age Youth Diagnosed with Serious Mental Health Challenges and First Episode Psychosis, Illinois Association of School Social Workers Conference, Lisle, IL.
- 2017 Delman, J., & Klodnick, V.V. (October). Effectively Employing Young Adult Peer Providers: A Toolkit. Copeland Center Doors to Wellbeing Program. (499 participants; 256 watched online post-live webinar)
- 2017 Spencer, E., & Klodnick, V.V. (October). Adapting IPS for Transition-Age Youth." Illinois IPS Monthly Statewide Technical Assistance Call (35 IPS teams).
- 2017 Spencer, E. (September). Supported Employment for Individuals living with Mental Illness. NAMI Cook County North Suburban Public Education Programs.
- 2017 Fagan, M. (July). Building the Transition Bridge: The Transition to Independence Process Model and Other Innovative Practices for Young Adults with Mental Health Needs. Texas Behavioral Health Institute. Austin, TX.
- 2017 Klodnick, V.V., Spencer, E., & Delman, J. (July). Engaging Young Adults Diagnosed with Psychiatric Conditions in Supported Employment Programs. Webinar for GAINS Center Learning Collaborative for SAMHSA IPS Expansion Project.
- 2017 Spencer, E., & Virgil, N. (June). Understanding Youth and Striving to Utilize the Best Engagement AND COMMUNICATION Strategies to Ensure Education Success. Annual Wisconsin IPS Conference. Madison, WI.

- 2017 Cicchetti, C., Malina, C., & Kane, R. (June). How Violence Affects the Lives of our Children and Communities. Naomi Ruth Cohen Conference: Raising Resilient Children: Prioritizing Their Mental Health. Chicago, IL.
- 2017 Fagan, M., & Klodnick, V.V. (June). Slowing Psychosis in its Tracks: Understanding the Coordinated Specialty Care Movement to Change the Lives of Young Adults Experiencing First-Episode Psychosis. Haymarket Summer Institute. Elmhurst, IL.
- 2017 Spencer, E., & Mailey, K. (May). Individual Placement and Support (IPS) Supported Employment & the Career Opportunity Readiness Experience (CORE) for Transition-Age Youth. Workshop at Mental Health Transition Center at Cook County Department of Corrections. Chicago, IL.
- 2017 Fagan, M., Sale, T., & Hurford, I. (April). The Impact of First Episode Psychosis. National Council for Community Behavioral Health. Seattle, WA.
- 2017 Spencer, E. (January). Job developing for people with mental health challenges with focus on youth. Chicago Jobs Council's Frontline Focus Training Institute. http://cjc.net/frontline-focus/
- 2016 Mittal, V., & Malina, C. (December). Brain-based Research to Promote Awareness and Early Identification of Mental Health Risk Factors. Keynote at Transforming the Future for Our Students. Transition Action Network for Mental Health School Mental Health Symposium. Des Plaines, IL.
- 2016 Fagan, M., Dixon, L., Jones, N., Williams, C. (December). Addressing First Episode Psychosis. The Kennedy Forum. Chicago, IL.
- 2016 Klodnick, V.V., Fagan, M., & Spencer, E. (December). Increasing engagement of transition-age youth thru being young-adult informed; leveraging peer support, and integrating supported employment & education. A Webinar sponsored by a Texas System of Care Grant in conjunction with the University of Texas at Austin Center for Mental Health Excellence.
- 2016 O'Donnell, H., & Spencer, E. (October). Loyola Masters of Urban Affairs and Public Policy (MUAPP) Practitioner Lecture Services. Thresholds Policy & Advocacy & Implementing IPS Supported Employment with Individuals with Serious Mental Health Conditions, including Transition-Age Youth. Loyola University of Chicago, Chicago, IL.
- 2016 Klodnick, V.V. (September) Doing Real-World Program Evaluation in Coordinated Specialty Care. International Consortium on Hallucination Research & Related Symptoms; Chicago, IL.
- 2016 Fagan, M., & Klodnick, V.V. (September) Stopping Psychosis in its Tracks: Understanding the National Coordinated Specialty Care Movement. Inaugural Brookstone Conference; Northwestern University; Chicago, IL.
- 2016 Spencer, E. (June). Hosted 4 visitors from China to learn about Thresholds Implementation of Individual Placement and Support (IPS) Supported Employment and how to adapt IPS for Transition-Age Youth.
- 2016 Spencer, E. (May). Hosted 20 visitors from Singapore to learn about Thresholds Implementation of Individual Placement and Support (IPS) Supported Employment and how to adapt IPS for Transition-Age Youth.
- 2016 Fagan, M. (April). "Bridging the Transition Cliff: Bringing Best Practices with Emerging Adults to Life." Keynote Speech at The Training Network Committee of Chicago Annual Symposium.
- 2016 Spencer, E. (March). NCNW: Participant on Mental Health Panel. Chicago Central Station. Chicago State University Health and Wellness Festival. Chicago, IL.
- 2016 Fagan, M., & Sobel, B. "Building the Transition Bridge for Young Adults in DCFS with Mental Health Needs."
 Illinois Office of the Public Guardian.
- 2016 Sheldon, G., Dimas, J., Cole, S., & Fagan, M. "Joint Planning Efforts for System of Care across State Agencies." Child Care Association of Illinois Winter Symposium.
- 2016 Klodnick, V.V. (February). "Effective Clinical Supervision for Young Adult Therapeutic Peer Mentors." A twopart Webinar Training Series sponsored by the Massachusetts Department of Mental Health in conjunction

- with the Transitions RTC at UMASS Medical School. Accessible at: http://www.umassmed.edu/TransitionsRTC/publication/webinars/
- 2016 Klodnick, V.V., Fagan, M., & Spencer, E. (2016, January). Increasing Engagement of transition-age youth thru being young-adult informed; leveraging peer support & integrating Supported Employment & Education. A 3-Day Training sponsored by a Texas System of Care Grant in conjunction with the University of Texas Institute for Excellence in Mental Health.
- 2016 Spencer, E. (January). Hosted 18 visitors from Norway to learn about Thresholds Implementation of Individual Placement and Support (IPS) Supported Employment and how to adapt IPS for Transition-Age Youth.
- 2015 Malina, C., & Klodnick, V.V. (July) Thresholds Homeless Youth & Young Adult Services. Homeless Action Committee Resource Fair & Informational for Service Providers, Persons with Lived Experience, Community Stakeholders, Healthcare Providers, &Federal/State/City/Local Partners. Madden Mental Health Center, Maywood, IL.
- 2015 Fagan, M. "Bridging the Transition Cliff: Bringing Best Practices with Emerging Adults to Life." Workshop at the Georgia System of Care Conference.
- 2015 Ellison, M., Bond, G., & Klodnick, V.V. "Adapting IPS for Transition-Age Youth: The Thresholds Study," Webinar sponsored by the Transitions RTC. Accessible at: http://www.umassmed.edu/TransitionsRTC/publication/webinars/
- 2015 Viruet J., & Klodnick, V.V. (July) "Engaging Transition Age Youth in Community Mental Health Services, including First Episode Psychosis Coordinated Specialty Care" Wisconsin Individual Placement & Support Model of Supported Employment Annual Meeting.
- 2014 Fagan, M., Melton, R., Jivanjee, P., & Campbell, F. "System Integration Strategies for Service Providers Working with Young Adults with Mental Health Issues." National Webinar hosted by Portland State Pathways RTC.
- 2014 Fagan, M. "Bridging the Transition Cliff: Best Practices in Assisting Young Adults with Mental Health Needs As They Transition To Adulthood." National Webinar for Association of Children's Residential & Community Services.
- 2014 Fagan, M. (August). Bridging the Transition Cliff for Emerging Adults: Keynote Address for Texas Network on Youth Service Conference, Austin, TX
- 2013 Spencer, E., & Kerness, K. (October). Exploring the role of an employment specialist and education coordinator in addressing the challenges faced by transition aged youth with disabilities. College Changes Everything Conference. Tinley Park, IL.
- 2013 SAMHSA & Westat YouTube Videos on Employment Support for Youth & Young Adults.
 - -Every Young Person Can Work: https://www.youtube.com/watch?v=uVUZU1A8dk4
 - -Keys To Successful Employment Supports:
 - https://www.youtube.com/watch?v=d4ifcLL27aQ
 - https://www.youtube.com/watch?v=KFTil1KJ3rO&feature=youtu.be
- 2012 Spencer, E., Kerness, K., & Nunez, J. (Oct). Empowering Transition-Aged Youth through Employment and Education. Annual Illinois Statewide Transition Conference. St. Charles, IL.
- 2012 Spencer, E., & Kerness, K. (Oct). Exploring the role for an employment specialist and education coordinator in addressing the challenges faced by youth with disabilities. Annual Conference on Best Practices in Nonpublic Special Education Programs. Oak Lawn, IL.
- Fagan, M., & Vorhies, V. Interviewed for National Public Radio, WBEZ, The Tricky Transition To Adulthood, by Jennifer Brandel. http://www.wbez.org/story/tricky-transition-adulthood-93294.
- 2008 Clark, H.B., & Fagan, M. Supporting Self-Discovery in Transition Aged Youth. U.S. Psychiatric Rehabilitation Association (USPRA), Orlando, FL.

2008 Fagan, M. Supporting Youth in Transition with Mental Health Needs: US Senate, House of Representatives, & Staff, Capitol Building, Washington DC.

V. Thresholds Youth & Young Adult Services Research Projects

2022-2023 Examining the Young Adult Peer Mentor Workforce in Massachusetts: A Mixed-Methods Study

PI: Vanessa Klodnick, PhD, LCSW, Thresholds & UT-Austin; Co-I: Ali Gold, BS, CPS, Massachusetts Department of Mental Health.

Description: Conducting a state-wide survey of YAPMs and completing interviews with 25 YAPMs to inform future state sponsored training and professional development efforts.

2021-2024 Developing the PLUS Peer Support Intervention & Training for Early Psychosis Programs

PI: Janet Walker, PhD, Portland State University; Co-I: Vanessa Klodnick, PhD, LCSW, Thresholds & UT-Austin; funded by NIDILRR (90IFRE0054-01-00)

Description: Develop and evaluate a theory of practice for peer support delivery within first-episode psychosis coordinated specialists via focus groups, training content and activity development, and training evaluation with peer support providers from across the U.S.

2020-2024 Advancing the Early Psychosis Intervention Network in Texas (EPINET-TX)

PI: Molly Lopez, PhD, UT-Austin, Co-l's Vanessa Klodnick, PhD, LCSW, Thresholds & UT-Austin, Deborah Cohen, PhD, MSW, UT-Austin, & Neely Myers, PhD, SMU; funded by NIH (1R01MH120599-01A1)

Description: Engaging 16-sites across state of Texas to utilize measurement-based care system and be a part of a healthcare learning network, and also develop and test a peer support specialist delivered substance use intervention for individuals with first-episode psychosis.

2019-2023 Career & Occupational Readiness Experience (CORE): An Enhancement to the Individual Placement & Support (IPS) Model of Supported Employment for Transition-Age Youth with Psychiatric Disabilities

PI: Vanessa V. Klodnick, PhD, LCSW; funded by NIDILRR #90IFRE0032

Description: Develop manual, training materials and evaluate pilot data for 3-year implementation of internship program for young adults with serious mental health conditions enrolled in multidisciplinary care settings.

2019-current Implementation & Evaluation of an Online Cognitive Training Program for Individuals at Clinical High Risk for Psychosis or who have first-Episode Psychosis

PI: Rebecca Johnson, LCPC, MA; Co-I: Vanessa Klodnick, PhD, LCSW, Thresholds

Description: Partnered with cognition expert in clinical high risk for psychosis at Rush University (Christine Hooker, PhD) to take an intervention from her lab, implement it at Thresholds, and evaluate its feasibility and impact on young people enrolled in multidisciplinary care.

2017-current Implementation & Evaluation of Coordinated Specialty Care in Community-based Setting

Directors: Marc Fagan, PsyD & Candy Malina, LCSW, Thresholds; Evaluator Vanessa Klodnick, PhD, LCSW, Thresholds & UT-Austin; funded by Illinois Department of Mental Health annually

Description: Implementation, evaluation and quality improvement of first-episode multidisciplinary evidence-based care model at Thresholds as part of the Illinois FIRST.IL coordinated specialty care initiative.

2018-2022 Implementation & Evaluation of a Stepped Care Model for Clinical High Risk for Psychosis

Project Director: Lisa Betz; Site Lead: Candy Malina, LCSW, Thresholds; Evaluator: Vanessa Klodnick, PhD, LCSW; funded by SAMHSA #SM081199-01

Description: Development, implementation and evaluation of stepped care model for clinical high risk for psychosis in a community-based setting.

2018 Near-Age Peer Mentoring: A Pilot Study

Pl: Vanessa V. Klodnick, PhD, LCSW; Project Lead: E-Shawn Spencer

Description: Evaluating the feasibility of Recruiting, training, and supporting 5 young adults to mentor 10 young adults in residential settings around work, school, and career development.

2017-2018 Developing a Quality Improvement Process for Youth & Young Adult Services at Thresholds

PI: Vanessa V. Klodnick, PhD, LCSW

Description: Development and refinement of a collaboration between quality, evaluation, and research staff to implement best-practices in quality improvement using data to influence program systems and practices.

2016-2018 Designing & Implementing an Evaluation of Coordinated Specialty Care for a Recent Onset of Psychosis

PI: Vanessa V. Klodnick, PhD, LCSW

Description: Development and refinement of key performance indicators, data collection and analysis, and quality improvement efforts within the Thresholds MindStrong Program. Lessons learned have been shared with NIH.

2017-2018 Fidelity Scale Comparison: Transition-to-Independence Process & Coordinated Specialty Care for a Recent Onset of Psychosis

PI: Vanessa V. Klodnick, PhD, LCSW; Co-I: Marc Fagan, PsyD

Description: Systematic review and analysis of concordance/discordance between two fidelity scales that represent two of the most nationally disseminated approaches to transition-age youth multidisciplinary mental health treatment.

2016-2018 Career & Occupation Readiness Experience (CORE) Pilot Study

Pls: Lisa Razzano, PhD, CPRP; Vanessa Vorhies Klodnick, PhD, LCSW, Thresholds

Description: A pilot study of the feasibility and impact of a manualized vocational intervention (skills-based workshops with internship component) with young adults with serious mental health challenges.

2015-2017 Creating a Multidimensional Model of Engagement for Young Adult with Psychiatric Disabilities in Adult System Team-based Community Outreach and Support Services

PI: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Faculty Sponsor Lisa Razzano, PhD, University of Illinois at Chicago School of Medicine, Department of Psychiatry; Funding: NIDILRR Mary E. Switzer Research Fellowship, #90SF0008-01-00

Description: A mixed-methods study to examine service utilization patterns in outreach & community support team designed for 18-26 year olds in order to develop a multidimensional definition of engagement & tool to measure engagement.

2013-2017 RISE Transitional Living Program for Homeless Youth Program Evaluation

PI: Vanesa V. Klodnick, PhD, LCSW, Thresholds; Funded by: U.S. DHHS, Administration on Children, Youth & Families, #HHS-2012-ACF-ACYF-CX-0289

Project Description: A mixed-methods longitudinal program evaluation of the RISE TLP.

2015-2016 Improving Transition to Independence Process (TIP) Model Fidelity Assessment Tools

PI's: Vanessa V. Klodnick, PhD, LCSW, Thresholds & Hewitt B. Clark, Ph.D., Stars Behavioral Health & University of South Florida

Description: Created online fidelity tool to assess transitions solutions review process from staff perspective; piloted this tool at Thresholds & evaluating tool across 6 agencies.

2015 Decision Support for Smoking Cessation in Young Adults with Severe Mental Illness

PI: Mary Brunette, PhD, Dartmouth College, Funded by NIH #5R21CA158863-02

Description: Project examined impact of motivational electronic decision support system (EDSS) with young adults diagnosed with serious mental health challenges to increase their likelihood in accessing smoking cessation treatments.

2012-2015 Exploring Experiences and Perceptions of a Successful Transition to Adulthood among Young People Aging Out of Foster Care from Institutional Settings with Serious Mental Health Conditions.

PI: Vanessa V. Klodnick, PhD, The University of Chicago; Faculty Sponsor Gina Samuels, PhD, The University of Chicago School of Social Service Administration; Funded by: Fahs Beck Fund for Research & Experimentation Doctoral Dissertation Grant

Description: A longitudinal grounded theory study of young people aging out of child welfare with mental health conditions.

2011-2014 Adapting the Individual Placement & Support Model of Supported Employment for Transition Age Youth with Serious Mental Health Conditions

Pls: Maryann Davis, PhD, & Marsha Ellison, PhD, The Learning & Working during the Transition to Adulthood Rehabilitation Research & Training Center (Transitions RTC) at The University of Massachusetts Medical School; Funded by: NIDRR #H133B090018

Description: A pilot study assessing the feasibility of add-ons made to the IPS-model of supported employment with 18-21 year olds diagnosed with serious mental health in residential care.

2007-2012 Adapting Dialectical Behavior Therapy for Transition Age Youth Diagnosed with Severe Mental Illness

Pls: Kristin Davis, PhD & Sandra Wilkniss, PhD, Thresholds Institute

Description: A longitudinal mixed-method panel study evaluating the feasibility and impact of an adapted version of DBT for 18-21 year olds in Thresholds youth programs.

2009-2010 Transition Age Youth with Severe Mental Illness: Post-Emancipation Study

PI: Vanessa Vorhies, MSSW, Thresholds Institute & The University of Chicago, School of Social Service Administration; Co-Is: Kristin Davis, PhD, & Marc Fagan, Psy.D, Thresholds

Description: A qualitative study that built on previous qualitative research of youth aging out of care from Thresholds Youth residential and TLP programs to examine the life experiences, needs, and barriers to adult community mental health services post-emancipation.

2007-2009 Improving Outcomes for Pregnant & Parenting Foster Care Youth with Severe Mental Illness: An Evaluation of a Transitional Living Program

Pls: Kristin Davis, PhD, & Sandra Wilkniss, PhD, Thresholds Institute

Description: A mixed-methods panel study of the impact of the Thresholds Mothers Project services on a sample of 25 young women in the program for at least 12 months.

2006-2008 Evaluation of the Transition to Independence Process (TIP) Model across Residential and Transitional Living Program Settings.

Pls: Kristin Davis, PhD, & Hewitt B. Clark, PhD

Description: A qualitative panel study assessing how community-based and program-based residential settings trained in the TIP model differ in supporting young adults diagnosed with serious mental health challenges transition to independent living after aging out of the child welfare system.